

- CLIENT APPRECIATION EVENT AUGUST 25TH!
- SBA EIDL LOAN REPAYMENTS COMING SOON!
- INFLATION REDUCTION ACT PASSED WHAT DOES IT MEAN FOR YOU? 87,000 NEW IRS AGENTS COMING SOON...
- MARS IN GEMINI....LOOK OUT & SET YOUR BOUNDARIES
- NEW VOLUNTEER OPPORTUNITY-JOIN US AT OUR RETREAT ON 9/24!





YOU ARE INVITED@

OUR END OF SUMMER CLIENT APPRECIATION EVENT!

When: August 25: 5:30-7:30 PM
Where: The Salt Suite, Palm Beach Gardens
5510 PGA Boulevard #105, Palm Beach Gardens, FL 33418

Join us for Cocktails & Hors d'oeuvres to follow next door at La Masseria!





We are excited to break away from the office and to have a casual night out with all of our amazing clients! It's been awhile since we have seen some of you and hope you can attend this fun evening out! The Salt Suite is a Salt Cave where they utilize salt therapy, or halotherapy, to help people that suffer from asthma, allergies, emphysema and other respiratory problems. Halotherapy is where you breath in dry salt to help improve your overall wellness by removing toxins from your respiratory system while also cleansing your skin, boosting your immune system and more! Visit their website to learn more! https://www.thesaltsuite.com/locations/palm-beach-gardens/

This evening will be a special opportunity to also meet Hattie & Nanette - my two lovely contributors to Frequency Friday! Join us for networking, to talk finances, taxes, physical and mental health, crypto, relationships, raising kids, work-life balance etcl





SBA EIDL LOAN PAYMENTS Coming due soon!

If you received a COVID EIDL Loan from the SBA, the 1st payment due date is 30 months from the date you received the money.

For most businesses that applied in the beginning of COVID, the payment start date will be between October 1st - December 31st, 2022. If you are not sure when you receive the funds, you can log into your Borrower Portal Account @ www.sba.gov/pay

You should set up your SBA Portal prior to October so that you can set up your electronic payment authorization. If you have questions, you can email the SBA @ disastercustomerservice@sba.gov or call Customer Service at 1-833-853-5638. Please note, interest will be accrued until the loan is paid in full.



So...Let's talk about the elephant in the room, shall we?

This week, President Biden signed **The Inflation Reduction Act** into law. There were some tax provsions included in this act but most pertained to giant corporations. It did expand some electric vehicle credits and a few minor changes that I will highlight in future newsletters, but the most shocking piece that may impact you is that this Act increases the IRS budget by roughly \$80 billion over the next 10 years. The money is broken into four main categories—enforcement, operations support, business system modernization, and taxpayer services—as well as a few other small items such as an exploratory study on the potential of a free-file system.

What does this mean for you? Now more than ever is the time to make sure that you have your record keeping systems in place.

Historically the IRS has taken the position of allowing reasonable expenses as business deductions but you will need to make sure that you can substantiate your write offs if you have a business. We recommend utilizing a bookkeeping software such as Quickbooks, Freshbooks or Wave to keep track of your income & expenses. Doyou hate paperwork and numbers scare you? We offer full-service bookkeeping services where we keep track of your income and expenses throughout the year at very reasonable cost so you don't have to worry about gathering all of your information at tax time and you can have peace of mind that when the IRS comes knocking on your door that you will be ready. If you would like to learn more about our monthly or quarterly services, please contact Tina @ tbunchuk@d-acpa.com

CREATING VIBRANT LIFE BUSINESS VISIONS IN A NEW WORLD

As we move out of summer vacation mode, I'm hearing from many people in my sphere that they are feeling a sense of excited restlessness.

I can feel an energetic shift and a calling to something new. Maybe that's you, too?

And there's no better day than "Frequency Friday" to send some supportive, positive vibes out to you – all of you in our collective – and let you know that you're right where you need to be to take full advantage of this renewed creative energy.



createwithnanette.com

We are emerging from years of feeling confined and being afraid to take any new action. We've been too busy protecting ourselves. And now, slowly, we are beginning to peak out of our caves to seek out new possibilities.

Thanks to Hattie Parker, our team astrologer, I learned that my energetic awareness is aligned with the stars and planets. Soon we will be entering an action-packed cycle of Mars in Gemini. During this period, beginning this Saturday, our curiosity will be in hyper-drive (fueled by Gemini) and ready for action, inspired by Mars, the planet of energy, action, and desire. This period will last for the next six months.

So, this is the perfect time to consider what you would like to create in this next cycle. What would make you feel alive, purposeful, and fulfilled again? How would you like to serve? In this post-COVID world, what would make your heart sing?

If you're a creator like me you've got so many ideas to consider in this new phase. How will you bring focus and attention to the choices that truly make a difference in your life and the lives of those you love?

The good news is, we've got the perfect tool for filtering all those ideas and harnessing the most important ones. It's the practice of Creative Visualization and making a Vision Board. And because this practice is so much more powerful when you gather with like minded people to activate it, we're throwing an Idea + Vision Board Party on September 24th, from 6:30p - 9:30p in Lake Worth, at a delightful Air BnB oasis.

Why create a vision board? It's time for us to appreciate how valuable our energy is to the quality of our broad life experiences and to deliberately claim our intentions to live our dreams. No matter who you are, where you are in life, or what it is you are dreaming of accomplishing or becoming, creating a Vision Board can work for you.

Don't worry, we'll begin with some gentle guidance to help you gain clarity. It often happens, too, that when you allow yourself to create without over-thinking, days or weeks later you'll discover that your board has a message for you that you never expected!



Here are some examples of how you might use a Vision Board:

To focus on specific goals for yourself or your team, i.e. fitness, income generation, sales quotas, completing your new bestseller

To deepen your connection to specific people, places, and things

To nurturing your physical self, your body, and your wellness and self-care

To illustrate specific types of formal plans, like SMART Goals, in a powerful visual format

To clarify your personal or organizational mission and use that clarity to align your actions with your dreams

Creating a Vision Board has other benefits, too. As you select images that invoke the feelings you want to have in your life and your business you gain clarity around the idea, project, or goal. Things that may have been fuzzy in your mind, or undefined for your team, now become more focused and feel more aligned with your grandest intentions.

And, when you engage with others in the practice you have a chance to share your vision as well. This brings more clarity, too. And more excitement!

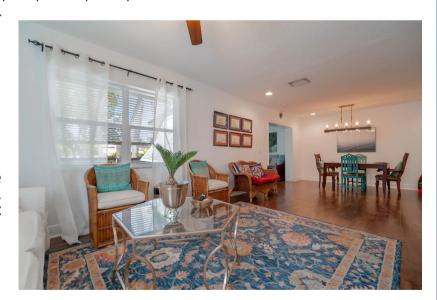
So, if you are feeling an energetic pull forward so many have described to me recently, I hope you'll join us. We have limited capacity – 16 participants maximum.

Now is the perfect time. This date, September 24th, turns out to be the perfect evening for our visioning activation. It's the eve of a coming New Moon, a time in the lunar cycle well known for signifying new beginnings. We'll supply everything you need to create. You bring your positive energy and your intentions.

To RSVP, simply reply to this email and let us know you want us to hold a spot or message me directly at nanette@wisewellwomen.com. We'll send you all the details. Your investment is \$44 per person, \$20 covers the cost of supplies and \$24 goes to the non-profit Vibration432.

I wish for you everything you dream, and more!

See you soon!





Cosmic Crypto Nojo

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS



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Boris Johnson, Donald Trump, Angelina Joie and You

All of the above named, well-known people are natives of the Zodiac Sun Sign of Gemini. So then what does that have to do with you?

Probably only about 1/12th of you were born in the sign of Gemini and yet the word "you" in the title implies that you and also everyone else on the planet has something in common with these three Geminis.

Starting Saturday August 20, 2022 the planet Mars enters the sign of Gemini where it will stay for an unusually long time. Typically, Mars that takes 2 years to orbit the Sun, stays in each sign for about 2 months. However, because Mars in Gemini will make a very significant retrograde it will stay in Gemini until the end of March 2023.

This will, thus, last 6 months and if Mars functions consistently to the true nature of Gemini (which we have no reason to think otherwise) there will be a whole lot of boundary pushing going on. You, and everyone worldwide, will be influenced. Take stock of the nature of the three examples of Geminis. They share in common being people who push boundaries.

So what does this mean for you? On the peace of mind front my recommendation is that you plan for being preventative. Commit to getting through this time with the intention to get along with family, colleagues, and friends. Make an intention to, for the next 6 months, be patient, flexible, and forgiving of small bursts of anger in yourself and others. Mars is the warrior planet. It can make us feel persistently poised to fight. It will be influencing everybody and 6 months is a long time. Hopefully a flexible attitude and a tolerance for acceptable small bursts will prevent escalation to rageful extremes.

On the positive side this energy can prompt you to accomplish goals and take on projects you might not otherwise feel inspired to do. Speaking of projects, I encourage you to take the time to learn about and seriously consider participating exciting make a difference opportunity. The nonprofit organization Jill DiSalvo founded, Vibration 432, Inc. has a of helping to mitigate the debilitating effects of PTSD. Vibration 432, Inc. is underwriting a pilot project named: VIBE: 432, (Very **Important** Energetics: Body • Mind • Spirit). The goal is to gather a group of caring people who want to push the boundaries of making a difference to field test the VIBE: 432 system. The project commences with a

September 24, 2022,
10 AM -3:30 PM

At a lovely retreat environment in Lake Worth, FL

An opportunity to MAKE A DIFFERENCE

VIBE: 432* Pilot Program Volunteer Training

*Very Important Brain Energetics

Donation: \$50.00 for materials and lunch

A \$250 - 400 value underwritten by Vibration 432, Inc

The Pilot 6 Week Time Investment: A fun workshop 5.5 hours,
5-10 minutes daily to practice VIBE: 432, follow-up feedback meetings in person &/or Zoom 1 - 2 hours

Our commitment: You will get as much as you give

volunteer training on 9/24 followed by a 6 week field-test study of how this easy-to-use system for supporting and reinforcing uplifting brain functioning actually works when practiced by a variety of different people with different interests and needs. The basics of the program are outlined below. Detailed background content and sign-up information can be found on my website at www.hattieparker.com. <u>CLICK HERE</u> to register today!