

HARD DAYS

This week I received this article via email from [DailyOM](#) and it really resonated with me so I had to share. Sometimes life is all about your dreams, hopes and visions for the future. But there are some days where life is just about putting one step in front of the other and that's okay. Just remember in challenging situations, maintaining a good mindset is probably the most important thing you can do. It will allow you to stay upbeat, avoid pointless sorrow, persist through the hardship, find smart solutions and eventually turn the situation around.



A hard day can sometimes be a great teacher if we stop for reflection

We all have days that seem endlessly difficult and hard. On these days, it is as if the odds are stacked against us and we just can't get a break as one challenging situation follows another. We may feel like we're standing in the ocean getting hit by wave after wave, never able to get a full breath. Sometimes it's necessary or worth it to stay in the fray and work our way through. Other times, the best idea is to go home and take the breath we need in order to carry on.

If the only choice is to get through it, a hard day can be a great teacher. It will eventually end and we can look back on it, taking pride in the stamina, courage, and ingenuity it took to hold our ground. We may also look back and see how we could have done things differently. This knowledge will be valuable when we face hard days in the future. Trust your gut as you're deciding whether to work through it, and know that sometimes a timely retreat is the best way to ensure a positive outcome. Getting space can remind us that external circumstances are not the whole picture. Once we catch our breath and re-center ourselves, we will be able to determine our next move. With a little perspective, we may even find the inner resources to change our attitude about what's happening. We may begin to see that what we saw as hardships are actually opportunities. As our attitude changes for the better, our actions and the circumstances will follow suit.

Sometimes all that's needed is a good night's sleep. No one is immune to having a hard day and these are usually the times we can learn the most. If we can find it in our hearts to examine the day, and maybe make one small change in perception, we can ease our pain and greet the next day that much wiser.

Business Spotlight

This week we would like to highlight LaMuse Jewelers: Where Creative Elegance Meets Precision. Founded by a jewelry industry veteran and a professional racecar driver, LaMuse Jewelers has more than fifteen years of quality service in the business.

Here are a few of their services:

- Design custom fine jewelry
- Buy and sell diamonds
- Buy and sell jewelry
- Buy and sell gold
- Estate buyer

[Click Here to learn more or to schedule an appointment](#)

or stop by our Worth Avenue Palm Beach, FL location today. We are conveniently located on Worth Avenue and S County Rd.



561-814-5873 - 209 Worth Ave Ste B, Palm Beach, FL 33480 - www.lamusejewelers.com

POSITIVE AFFIRMATIONS

I AM
RESILIENT
AND CAN
GET
THROUGH
ANYTHING.

Tough times don't last,
but **tough people** do.

TODAY, I WILL BE
GRATEFUL
FOR THE THINGS
THAT GO RIGHT

I choose to
see the positive.
even in
tough times.

Important Deadlines



JUNE 15TH

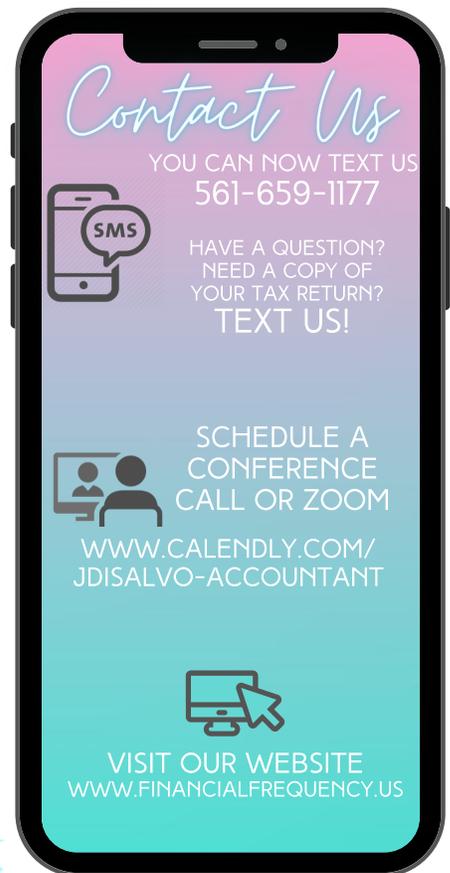
- 2nd 1040-ES Estimated tax payment due for 2021

SEPTEMBER 15TH

- Extension deadline for Partnership & S-Corporation Tax Returns

OCTOBER 15TH

- Extension deadline for Corporate & Personal Tax Returns



Tax Talk!

IRS Refunds:

The IRS has announced that refunds are being delayed and to check [IRS.gov/refunds](https://www.irs.gov/refunds) for updates. The IRS has stated that it could take 10-12 weeks for refunds to be processed.

Tax Refund Adjustments:

If you receive a reduced refund it may be due to an adjustment due to Round 1 and/or 2 of your Economic Impact Payments reported on your tax return. You should check your bank account to confirm amount actually received for these payments.

Advanced Child Tax Credit Payments:

The American Rescue Plan Act (ARPA) of 2021 expands the Child Tax Credit (CTC) for tax year 2021 only. The expanded credit means:

- The credit amounts will increase for many taxpayers.
- The credit will include children who turn age 17 in 2021.
- Taxpayers may receive part of their credit in 2021 before filing their 2021 tax return.

For tax year 2021, families claiming the CTC will receive up to \$3,000 per qualifying child between the ages of 6 and 17 at the end of 2021. They will receive \$3,600 per qualifying child under age 6 at the end of 2021.

The increased amounts are reduced (phased out), for incomes over \$150,000 for married taxpayers filing a joint return and qualifying widows or widowers, \$112,500 for heads of household, and \$75,000 for all other taxpayers.

*****Details coming soon regarding how to receive this credit starting in July 2021.*****

Get Your Cosmic Mojo On

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED

"PEACE BE STILL": ON INVESTING IN INTUITION PROTECTION

It is probably accurate to say that most people reading this article have a vast number of security protections in place. These are used to help us guard against being devastated by the myriad of negative forces that abound in life. Let's see, most probably have an endless variety passwords, various Insurance policies, and also potentially at least one or more alarm systems.

Question: How many have a consciously chosen Intuition Protection Policy?

I suspect not many if any. Of course there is no agency selling such. And, however, the good news is it can be quite easy for you to create you own.

Because June has the potential of being a cosmically influenced bumpy road I am writing this first article of the month to encourage the creation of personal Intuition Protection Policies.

The following are the emotionally bumpy road predictions for June. On June 10 there is an Eclipsed New Moon that is placed in the star chart right near Mercury in retrograde. To translate this into laymen's terms for ease of understanding the dynamics can be described as follows: Eclipsed, hidden information may, be revealed (it is a wild card so it is anyone's guess how this may manifest), New Moon, darkness, Mercury Retrograde confused thinking. Then on June 14 Saturn, the disciplinarian of the zodiac has a direct hit with Uranus the free spirit planet. Because they are opposites, they can be anticipated to create disturbing confusion. As these energies tend to impact us before and after the exact day of their impact I believe it is safe to say the whole month of June 2021 has the POTENTIAL to be rife with confusion.

We, of course can do nothing to influence the planetary movements. We can influence how we respond and we can happily start today to activate an Intuition Protection Policy. Many think of intuition as a still small voice. My guidance for activating your Intuition Protection Policy is to make an inner agreement with your still small voice to help you navigate whatever may come your way in June. Then additionally choose to talk to your inner self and encourage stillness so that when you need your inner voice to guide you that it will be similar to a clear calm lake that can reflect with clarity. To invest in making this work for you I recommend you support inner stillness by telling yourself "Peace be Still" many times a day. Peace.

Crypto Notes: I will be attending the world's largest ever crypto conference in Miami June 4 and 5 no doubt this will be a source of interesting content to share in future newsletters.