



VOLUME 45:

- YEAR END TAX PLANNING
- AVOIDING HOLIDAY STRESS
- CELEBRATE NATIONAL COOKIE DAY!
- ECLIPSED NEW MOON ON 12/5!

TIME IS RUNNING OUT!

It's hard to believe that we are in the 4th Quarter already and the end of the year is rapidly approaching! Before the holidays are upon us, It's the perfect time for year-end tax planning!

To schedule your Year-End Tax Planning appointments, Click one of the links below:

[Individuals](#)

[Businesses](#)

Avoiding Holiday Stress

Much of the tension we feel during the holidays is a direct result of our own expectations. From November to January, we feel pressured to be wonderful hosts, entertain scores of loved ones, and remain calm amid chaos. Yet much of the tension we feel during the holidays is a direct result of our own expectations. In our efforts to please others and to craft the ultimate celebration, we overextend ourselves and miss out on the spirit of the season. This year, consider transforming your approach to your celebrations. Instead of striving for perfection, endeavor to enjoy the treats that only come once a year, the company of family and friends, and the little unexpected occurrences that make each holiday unique. Before you begin your whirlwind of seasonal preparations, ask yourself what aspects of each holiday are most important to you and what holiday-related goals you hope to achieve this year.

As the holiday season draws nearer, resolving to give up your dreams of perfection can help you avoid anxiety. If you strive to have a good holiday, you can take charge of arrangements without feeling that your loved ones' happiness is resting on your shoulders. Try to remember that you are unique, which means that your holiday experience need not conform to that of your parents, your neighbors, or the simulated families you see in the media. Understand that you cannot please everyone. After all, what the people you care about likely want most during the holiday season is your time and attention. Allow yourself to decline invitations without guilt and to serve store-bought foods rather than homemade dishes if it means you get more time to relax in the company of friends and family.

If stress strikes, remember that holidays encompass but a few days out of each year. Enjoying those few days is often a matter of identifying your motives and shifting gears if necessary. Ask yourself whether your quest for perfection is a matter of impressing others or gathering the people you care about around you in celebration. A year from now, you'll have only a handful of vivid memories to look back on. If you take a realistic and heartfelt view of the holidays, you'll be sure to remember them fondly. - From Daily Om

Cosmic Crypto Mojo and the Eclipse

The cryptocurrency markets have been very volatile. My crypto investing goals are primarily about creating a retirement plan. There is abundant reassurance from many well researched professionals and opinion leaders that between now and 2025 cryptocurrency will be used by people all over the world. Happily for me I feel assured that anyone, such as myself, who invested early will be well rewarded. Thus, my plans for generating a retirement fund are well founded. Yet, despite all the bravado Fear and Doubt about this strange new way of life fear can creep in.

One of the indicators the crypto pundits make-reference to is the Fear and Greed Index. When prices are falling or going sideways, as they have been recently, the Fear score rises. I was recently on vacation and though I was happily disconnecting from work responsibilities my thoughts and interest in keeping up with the crypto markets were strong. Thus, when I energetically tapped into the crypto market I could literally “feel” the sense of Fear surrounding the currencies because they were falling in price.

What a silly waste of psychic energy! I am hereby committing to walking my talk. I will Seed My Dreams to gain greater clarity and comfort surrounding my retirement. I will affirm it is well taken care of and let go of being influenced by collective Fear.

Again if you wish to connect with me to talk about my cosmic views on our changing world please reach out. I am happy to my experience, strength and hope around making life changing choices please write me at hattie@hattieparker.com and I will follow up.

NATIONAL COOKIE DAY IS 12/4!



What better way to celebrate National Cookie Day this weekend but to bake some cookies!

This recipe for Italian Christmas Cookies by the Pioneer Women sounds delicious and I am going to give them a try this weekend!

Yields 3 dozen
Prep Time: 25 minutes
Total Time: 2 hours, 35 minutes

Ingredients:

For the cookies

2/3 c granulated sugar
1 stick unsalted butter, softened
3/4 tsp almond extract
3 large eggs
2 1/2 c. all-purpose flour
2 tsp. baking powder
3/4 tsp salt

For the glaze:

2 c. powdered sugar
3 tbsp. milk
1/2 tsp vanilla extract
Red and green Jimmy sprinkles for decorating

Directions:

1. For the cookies: In the bowl of a stand mixer fitted with a paddle attachment, beat the sugar, butter, vanilla extract and almond extract on medium until smooth and fluffy, about 2 minutes. Add the eggs and beat until combined. (The batter will look separated.)
2. With the mixer on low, gradually add the flour, baking powder and salt. Beat until all of the dry ingredients are incorporated. Wrap the dough tightly in plastic wrap and chill for at least 1 hour or up to 4 hours.
3. Preheat the oven to 350°F. Shape the dough into about 36, 1-inch balls (lightly dusting hands with flour, as needed) and place on 2 parchment-lined baking sheets, spacing each at least 1-inch apart. Or, if desired, roll each dough ball between your hands (lightly dusting in flour if needed) into a 4-inch long log and coil each piece into a mound.
4. Bake the cookies until set and very lightly browned on the bottom, 10 to 12 minutes. Transfer the cookies to a wire rack to cool completely, about 30 minutes.
5. For the glaze: In a medium bowl, whisk together the powdered sugar, milk and vanilla extract. Dip the top of each cookie in the glaze, allowing the excess to drip off and then sprinkle with the Jimmy sprinkles. Let the cookies stand until the glaze hardens, about 30 minutes.

Cosmic Crypto Mojo

Get Your Cosmic Crypto Mojo On

Welcoming an Eclipsed New Moon in Transformative Sagittarius

Introduction

In the early hours of Saturday December 5, 2021 there will be an Eclipsed New Moon.

New Moons are favorable times for new ideas and insights. The symbol for the sign of Sagittarius, one of the most uplifting signs of the zodiac, is The Archer. The symbol suggests the energy of shooting arrows. Archery is a sport in which one takes aim and then to complete the action one needs to let go. Eclipses are times when information that has been hidden from our consciousness (sometimes that has been apparent all along but you haven't chosen to notice) is revealed.



Seed Your Dreams

To use this New Moon lunation to your advantage I recommend focusing on seeking to be guided to become aware of:

1. If you are aiming in the right direction and then rejoicing if you find the answer is "Yes" and tweaking if your awareness is you are not sure or the answer is "No"
2. What you may need to be letting go of to achieve well-chosen goals.

To enhance your potential for using this time to your advantage I recommend you engage in "Seeding Your Dreams." To do this, in a manner in keeping with the Sagittarian energy, draw a bullseye on a piece of paper and place it under your pillow. Start tonight 12/4 and continue for the next week or until 12/18 when we have the next Full Moon. Eclipse energy is strong and the cosmic effect will most certainly be operative for this amount of time.



The moon is magical and mysterious. If you find you are receiving wonderfully helpful messages that is great news. Alternatively, if you find yourself being confused, as these are tumultuous and confusing times, please feel free to contact me at Hattie@hattieparker.com. I will be happy to look into your particular chart to help you gain greater clarity.



Save the Date! Visions & Auras: Unique, Innovative and Profound Workshop

Speaking of gaining greater clarity, stay tuned to learn more about our January 22, 2022 Visions and Auras: Unique, Innovative and Profound Workshop. On that day the moon will be in Virgo, the sign of paying attention to details. This will be an exceptional time for mapping out your coming year.