



- BUSINESS TAX DEADLINE IS 9/15
- SELF LOVE
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- INTRODUCING SUITE DASH + OUR VERY OWN APP!
- ANXIETY, WORKPLACE STRESS & PTSD UNDER THE
- AMERICAN WITH DISABILITIES ACT
- IRS AUDITS & STATUTE OF LIMITATIONS
- THE VIBRATIONAL POWER OF NUMEROLOGY AND
- ASTROLOGY ON 9/9/2022 & FULL MOON TONIGHT
- TIME OF TRAUMA & SERVICE OPPORTUNITY

## Business Tax Deadline is 9/15!

The tax return deadline for S-corporations, Partnerships, Trust & Estate returns for 2021 returns that extensions were filed. The penalty is \$205/shareholder/month that the return is late so don't delay!



## SELF LOVE

I am guilty. I am guilty of neglecting myself and putting myself at the very end of my list, always taking care of everyone's needs first. I have been told time and time again that I need to take care of myself and put practice self love but I have not been successful in putting myself as a priority. Recently, I was told that it is NECESSARY to take care of myself or I might have to face health consequences. So, I wanted to share this picture of myself from Labor Day Weekend in one of my happy places - on my paddleboard! Since my move to Jupiter, I have been getting up early on Sunday mornings before my kids are awake and enjoying one of my favorite activities!

I realized that the message from the airline pilot is words to live by - put on your oxygen mask first because you cannot show up day in and day out and have the stamina to truly help others if you are running on an empty tank.

I am so blessed with so many amazing women in my life that support me on my journey and remind me to take care of myself. Thank you to my awesome staff, to Hattie & Nanette, to Tigrilla, Veronica & Candice - thank you from the bottom of my heart. for the gentle and sometimes not so gentle reminders-I cherish you all!! So my message for today is do something nice for yourself! Buy yourself flowers, take a walk on the beach,, treat yourself to a massage. - I promise you will thank yourself and feel re-energized!

## The gift and power of emotional courage

Psychologist Susan David shares how the way we deal with our emotions shapes everything that matters: our actions, careers, relationships, health and happiness. In this deeply moving, humorous and potentially life-changing talk, she challenges a culture that prizes positivity over emotional truth and discusses the powerful strategies of emotional agility. [CLICK HERE](#) to listen to this Ted Talk!

**TED**  
**Talks**

## Self Love...

When you love yourself,  
you glow from the inside.  
You attract people who love,  
respect, and appreciate your energy.

BY @VYRESOURCE @MINDSETFORGREATNESS

Everything starts with and how you  
feel about yourself. Start feeling worthy,  
valuable and deserving of receiving  
the best life has to offer. Be magnetic.



## Coming Soon!

We are very excited to introduce our clients to Suite Dash! We are in the process of building our very own App that you will be able to download so that you will have your very own Client Portal where you will have access to all of your tax returns, tax documents, financials, etc! We are working out all of the kinks now so if you happen to receive an e-mail from the system - we want you to know that it is legitimate and you should set up your password so when we are ready to go live in a couple of weeks you will be ready!

**SUITE DASH**  
all-in-one business software

## Anxiety, Workplace Stress & PTSD under the American with Disabilities Act

- Anxiety disorders affect 40 million adults age 18 or older, or 18.1% of the population every year (Anxiety and Depression Assn. of America).
- 7.8% of Americans will experience PTSD in their lives and about 30% of men and women spending time in war zones experience PTSD (Nebraska Department of Veterans Affairs).
- Some 12.5 million working days a year are lost due to work-related stress, depression, or anxiety.
- 50% of employees in one survey said that stress and anxiety impact the quality of their work (Anxiety and Depression Assn. of America).
- It is not a surprise that employers large and small, for-profit and not-for-profit are now frequently confronted with issues, accommodation requests, and claims under the Americans with Disabilities Act (ADA) relating to workplace stress, anxiety disorders, PTSD, and related conditions. Grappling with such issues can be difficult and costly.

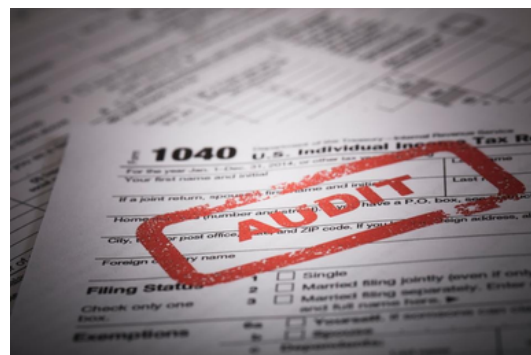
As an employer, it's important to learn how to accommodate requests for anxiety, workplace stress and PTSD under the ADA. If you would like to learn more, there is a webinar on September 28th at 3:00 PM EST. [CLICK HERE](#) to Register! Please note, there is a fee for this webinar but if you would like to learn more, you can also visit the US Equal Opportunity Commission website by visiting this link: [CLICK HERE](#)

## IRS Audits With No Time Limit & No Statute Of Limitations

By: Robert W. Wood, Forbes

With up to 87,000 new IRS agents on the way now that the the Inflation Reduction Act is unleashing a Tougher IRS, there's lots of tax about tax audits. The widely published 87,000 figure appears to come from a 2021 Treasury Department study saying that the IRS could hire about that many with \$80 billion of funding.

Your audit exposure is at least three years from when you file your return, but you might be a risk for years more. In fact, the time periods can be downright frightening in some cases. Tax lawyers and accountants are used to monitoring the duration of their clients' audit exposure, and so should you. If you want to watch the calendar until you are clear of audit, in most cases, that will be either three years or six years. But in some cases, even though you filed and thought everything was in order, the statute of limitations never runs.



[Click here for full article](#)

Let's start with the basic three year rule, but in many cases, IRS can audit six tax years not three. So if you are thinking you only need to look over your shoulder for three years, that isn't always so. For example, the usual three years is doubled to six if you omitted more than 25% of your income. If you overstate your cost basis on something you sell, that counts too. So if it has the effect of understating your income by more than 25%, the IRS gets six years.

# Cosmic Crypto Mojo

WITH ASTROLOGER & NUMEROLOGIST HATTIE PARKER, MS,ED



## A Cosmic Mojo Alert The Vibrational Power of Numerology and Astrology on 9/9/2022

### Numerology 9/9/2022

$$9 + 9 + 20 + 22 = 60$$

6 = Love and Caring, 0 = Anything is Possible

### Astrology 9/9/2022

The crest of a Full Moon (seeing) and the beginning of Mercury Retrograde (re-evaluating)

### In Summary

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The secret vibrational sauce for today (9/9/2022) is that it is a favorable day to see (Full Moon) how you can course correct (Mercury Retrograde) remembering anything is possible with love.

Below I describe a call for volunteers to help a worthy cause. And first to give you some insight into my relationship to the subject matter -- a bit of personal history.

### A Time of Trauma

I am writing this e-mail on Labor Day Weekend. This weekend is bittersweet for me. A little over 50 years ago on a Labor Day weekend my life as I had known it hit a brick wall. The trauma had such a profound impact that even to this day the memory of it saddens me.

On Friday of the fateful weekend I learned that my husband of 5 years and I were medically not suited to have children and on Sunday I learned that my husband was having an affair. On first learning of the affair I also learned a scary truth about the fragility of my nervous system. For a short period of time I literally lost it. In a fit of anger, started hurling objects around a room in a crazy outburst. Someone intervened and fortunately my rage did not result in my hurting anyone. I could have been a threat to others and myself and In retrospect I know I was blessed in that moment of being restrained.

Fast forward 50 years, typical of most everyone, there have been many twists and turns in my life. One happily fateful twist was couple of years ago when I met **Jill Disalvo, founder of Vibration 432 Inc.** a nonprofit organization dedicated to helping people suffering from trauma. As part of our working together and related to a traumatic brain injury of a family member I have interacted with a small universe of people experiencing the slings and arrows and insecurity of having times when their nervous systems, one way or another, goes out of whack.

### The Service Opportunity

As part of my contribution to the birth of Vibration 432, Inc. I am engaged in exploring how a self-help daily positive thinking PRACTICE can uplift people to find, regain and hopefully stay on mental high ground. I have had some very positive feedback about the system from a very small test group of friends and now I am ready to share it with a small field test group. I am thinking of this as being a group of people who want to partner with Vibration 432 to be making a difference. You can learn more about the field testing by going to [www.hattieparker.com/vibe](http://www.hattieparker.com/vibe).



# Cosmic Crypto Mojo

(NOTE: The sign up link is not working If you want to attend or learn more send an e-mail to [Hattie@hattieparker.com](mailto:Hattie@hattieparker.com) with the subject line stating your name and 9/24. I'll be in touch with you)

I have framed this as a Volunteer Training. It could also be described as an opportunity to join a caring community of people committed to helping themselves and others. It is being generously underwritten by Vibration 432. Thus it is also very low budget - high value personal growth work opportunity. FYI; You may join us for the training from the position of curiosity or commitment. There is no obligation to be long term committed. You will be free to exit at anytime or stay with us and help us grow. There are many elements to be put in place and all skills and talents are welcomed.

I am happy to discuss with you if this program is right for you. Please feel free to call me.

Love and light,  
Hattie Parker

**September 24, 2022,  
10 AM -3:30 PM**

At a lovely retreat environment  
in Lake Worth, FL

  
An opportunity to  
**MAKE A  
DIFFERENCE**



## **VIBE: 432\* Pilot Program Volunteer Training**

*\*Very Important Brain Energetics*

**Donation: \$50.00** for materials and lunch

A \$250 - 400 value underwritten by Vibration 432, Inc

**The Pilot 6 Week Time Investment:** A fun workshop 5.5 hours,  
5-10 minutes daily to practice VIBE: 432, follow-up feedback  
meetings in person &/or Zoom 1 - 2 hours

**Our commitment:** *You will get as much as you give*

On the evening of 9/24/2022  
there will be a New Moon Inspired  
Idea + Vision Party p (see the post  
from Nanette Saylor on Page 3).  
You are welcome to attend one or  
both events.

For details, visit  
[HattieParker.com/VIBE](http://HattieParker.com/VIBE) or call Hattie  
@ 732-859-2134

## Don't Miss Tonight's Harvest Moon!



This full moon is the closest to the September equinox. So it's the Northern Hemisphere's Harvest Moon. Bonus! The September 9 moon rises between the very bright planet Jupiter and golden Saturn. It crosses the sky between these 2 bright planets throughout the night.

Harvest Moon is just a name. In some ways, it's like any other full moon name. But these autumn full moons do have special characteristics related to the time of moonrise. Nature is particularly cooperative in giving us dusk-till-dawn moonlight, for several evenings in a row, around the time of the Harvest Moon.