

Frequency Friday!

Elevate your frequency!

IRS announces sweeping effort to restore fairness to tax system with Inflation Reduction Act funding; new compliance efforts focused on increasing scrutiny on high-income, partnerships, corporations and promoters abusing tax rules on the books

Capitalizing on Inflation Reduction Act funding and following a top-to-bottom review of enforcement efforts, the Internal Revenue Service announced today the start of a sweeping, historic effort to restore fairness in tax compliance by shifting more attention onto high-income earners, partnerships, large corporations and promoters abusing the nation's tax laws.

The effort, building off work following last August's IRA funding, will center on adding more attention on wealthy, partnerships and other high earners that have seen sharp drops in audit rates for these taxpayer segments during the past decade. The changes will be driven with the help of improved technology as well as Artificial Intelligence that will help IRS compliance teams better detect tax cheating, identify emerging compliance threats and improve case selection tools to avoid burdening taxpayers with needless "no-change" audits.

As part of the effort, the IRS will also ensure audit rates do not increase for those earning less than \$400,000 a year as well as adding new fairness safeguards for those claiming the Earned Income Tax Credit. The EITC was designed to help workers with modest incomes. Audit rates of those receiving the EITC remain at high levels in recent years while rates dropped precipitously for those with higher income, partnerships and others with more complex tax situations.

The IRS will also be working to ensure unscrupulous tax preparers do not exploit people claiming these important tax credits.

READ MORE



LET'S GET SPOOKY



INGREDIENTS

- 8 ounces mozzarella ciliegine
- 2 tablespoons balsamic vinegar
- 1 pint black cherry tomatoes halved
- 2 tablespoons olive oil
- *Kumato brown tomatoes are darker for a more Halloween feel.*
- 1/4 cup basil leaves
- salt to taste

INSTRUCTIONS

Make the mozzarella skulls. Preheat the oven to 350°F and set the silicon molds onto a rimmed baking sheet for stability. Lightly grease the interiors of the skull molds. Add a ball of mozzarella to each skull cavity. Bake for 6-8 minutes to soften the cheese - it will not melt but will become pliable. Use a folded paper napkin to press the softened cheese into the molds (the paper towel will absorb the liquid that is released from the mozzarella, which will be more than you think). Press the cheese well into the molds to get a good form, being careful not to burn yourself. Transfer the molds to the refrigerator and let chill for 8-10 minutes, then remove from the mold and repeat with remaining cheese until all the mozzarella is formed into skulls.

Slice the cherry tomatoes in half and then toss the tomatoes and mozzarella skulls, with the balsamic and olive oil. Scatter basil leaves over top and sprinkle with salt before serving.

Illuminate Your Soul

A COLLECTIVE SOUND HEALING
EXPERIENCE & FIRE CEREMONY

SATURDAY, NOVEMBER 4TH 6PM

Guided by



Angie Greenfield



Dakota Dawkins



Jennifer Baez



Jennifer Basing

centertheheart.com

Sound Healing Event



Saturday, November 4th, 6pm,
Palm Beach Gardens

REGISTER NOW



NETWORKING EVENT NOVEMBER 1ST!



JOIN US AT OUR NEXT
NETWORKING EVENT!



Wednesday, November 1st, 5:00 PM - 7:00 PM
Renegades Country Bar & Grill
600 Village Blvd, West Palm Beach, FL 33409

SPONSORED BY:



The Law Offices of
Jonathan E. Litz, P.A.



Come have appetizers & cocktails on us.
Make some new connections at Renegades Country
Bar & Grill!

Please RSVP online or email
kristen@palmbeachmortgagegroup.com

Let's support the US Marine Corp & their mission to bring joy to underprivileged children this holiday season! Make sure to bring a new, unwrapped gift with you!

RSVP TODAY!



EMAIL:
[KRISTEN@PALMBEACHMORTGAGEGROUP.COM](mailto:kristen@palmbeachmortgagegroup.com)

Frequency 432 Healing and Wellness Expo

VOLUNTEERS NEEDED

We Need Help With

- Kid Zone-Arts + Crafts
- Parking Attendants
- Event Security
- EMS/First Responders on Site

We need volunteers for a variety of projects to support our Non-Profit Healing and Wellness Expo at Carlin Park Jupiter on November 11th, 2023!

This can count towards Highschool Community Hours!



[JOIN HERE!](#)

For more information, please visit
www.frequency432.us/event/2023-health-and-wellness-expo/.

We need volunteers for a variety of projects to support our Non-Profit Healing and Wellness Expo at Carlin Park Jupiter on November 11th, 2023!

This can count towards Highschool Community Hours!

We Need Help With:

- Kid Zone-Arts + Crafts
- Parking Attendants
- Set Up & Breakdown

GET YOUR COSMIC *Mojo* ON

We are **Spirit** having a human experience

by Hattie Parker, MS Ed, Astrologer, Numerologist & "Yes I Can" Creator/Coach



ON ATTUNING TO THE MOONS DURING THE LAST QUARTER OF THE YEAR ASTRO-MOJO ENERGIES OF EMPOWERMENT FOR MANIFESTING WISHES, HOPES, AND DREAMS

10/28: An Eclipsed Full Moon in Taurus a sign of Relationships and Money. You may find it to be particularly challenging because Jupiter is close to the Moon and it will be expanding feelings (and perhaps inflation) and then with Mars close to the Moon the feeling that may be brought to light may very well be anger. Nationally there is plenty of feelings being stirred up. Antidotes for feeling overwhelm: Remember to breathe. If you are, in fact, powerless to make a difference say (or read) the Serenity Prayer. (It is included in this post to reflect on at anytime.)

11/4: Saturn Turns Direct in Pisces. This is good news! Saturn is associated with hard work. If you have been attempting do something that has seemed hard – this signals a time for this hardship to ease up.

11/11: Vibration 432, Inc. Health and Wellness Expo at Carlin Park This is a chance to meet and greet some of Palm Beach County's best and most talented wholistic practitioners. SAVE THE DATE: Come join us and stop by to say "Hi" at the Vibration 432 Booth.

11/13: New Moon in Scorpio the sign associated with striking back. We may see new levels of striking back happen in warring nations. Thus, again the Serenity Prayer may be a source of sound helpful guidance.

11/27: Full Moon in Gemini, the sign associated with being open to trying and exploring options. Hopefully there will be new options for peaceful settlements emerging.

12/12: New Moon in Sagittarius and the Opening Session of Our 12 x 12 Days of Creative Manifesting Program. This program is open to and appropriate for anyone who wants to engage in 1.) a thoughtful evaluation of 2023 and 2.) an uplifting and innovative approach to preparing for positive outcomes in the coming year.

The program will be virtual with optional in person opportunities. It is expressly stretched out to unfold over multiple days to empower deep thinking and profound results that are only possible with enough time to dig in and percolate results.



You will enjoy acquiring a rich composite of helpful materials and professional guidance from Nanette Saylor, Creativity Guide and Life Coach and me, Astrologer, Aura Image Consultant and more. Details and a landing page for declaring your interest in attending will be shared in next Friday's newsletter. STAY TUNED!!

12/26 Full Moon in Cancer the sign associated with deep feelings. Further to the 12 x 12 Program is our goal for all who participate in our Program will genuinely capture and feel deep feelings of gratitude, hope and clarity about their true wishes, hope, and dreams.

Closing Comments: On Finding Light in Dark Times In these times of war in Ukraine and Israel/Gaza many, if not most of us, are likely to be exposed to tragedies that are often beyond our comprehension. The need for compassion abounds. One possible approach to framing this state of affairs in a self-comforting way is to think that the "Man in the Moon" is a master of compassion whom you can call on to help you. The "Man in the Moon" has seen much over the centuries yet he is totally consistent in being reliable no matter what is happening. Let his consistency and steadfastness be an inspiration for you to keep on keeping on.

Change Begins with YOU.

From Louise Hay, author of "You Can Do It", I've learned that affirming, declaring, deserving, and allowing are the steps that manifest my desires.

She taught me:

1. My beliefs are merely habitual thinking patterns that I learned as a child. And yes, I can change those habitual thinking patterns.
2. Everything I think and everything I say is an affirmation. I get to choose what I am affirming by my thinking and speaking.
3. Use expressions that reflect the event or thing I am asking for as if it has already happened and it is in the present tense. Fake it until I become it - act as if my desire is already here.
4. Keep my affirmations simple and say them oft

NANETTE SAYLOR



5. Prayers are affirmations, too. They support the energetic order that is "Ask. Believe. Receive."

I, too, have a fondness for the Serenity Prayer. During a difficult time in

my personal life, I re-discovered the "Serenity Prayer" and I recited it out loud over and over and over, and it kept me sane. Reciting that prayer kept me focused and pulled me forward to living a life of love and serenity.

"Reciting that prayer kept me focused and pulled me forward to living a life of love and serenity."

People noticed subtle changes in my demeanor almost immediately. Eventually, even strangers began commenting on how calm and relaxed I appeared. Just months earlier, all anyone noticed was how anxious and agitated I was. The simple act of reciting this prayer anchored my life transformation.

I continue to honor the impact of that daily prayer by wearing a bracelet embossed with the words of the Serenity Prayer on it.

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Do you remember an expression or prayer that has deep meaning for you that you can bring into your daily practice now?

Remember, affirming, declaring, deserving, and allowing are the steps that manifest your desires.

Watch for an invitation to our special 12:12 Days of Creative Manifesting

Program where you'll have an opportunity to declare and activate your intentions for the coming cycle or year.