

MID YEAR REVIEW

SEPTEMBER 2023



ABOUT THE ORGANIZATION

Vibration 432, Inc, was founded in 2019 as a Florida non profit organization to serve First Responders and Teens suffering from the affects of Post Traumatic Stress, and impacted by trauma, depression and anxiety. The organization is working with Frequency 432 Healing & Wellness, LLC to build a community of holistic healers and metaphysical practitioners that are dedicated to improving the lives of these individuals, building our "VIBE 432 Tribe".

We are building a community of like-minded light workers, holistic healers & metaphysical practitioners, *Frequency 432 Healing & Wellness*, that come together to educate and support one another with the common goal of elevating consciousness and healing those that cross our path and are in need.


MISSION AND VISION

Vibration 432, Inc, a 501(c) 3 non profit with a mission to heal and improve the lives of those that have experienced trauma, suffering from Post Traumatic Stress, Depression and Anxiety.

Our organization has a wide network of resources that offer holistic healing therapies and a variety of techniques that can be blended with traditional Western medicine and treatment plans to help to heal those afflicted by PTS and suffering from trauma. Our focus group is first responders and veterans as well as teens.

We support those in need through holistic healing resources that provide alternative methods to address symptoms, improve positive thinking, learning ways to cope when symptoms arise and treat problems related to trauma such as depression and anxiety.

We also help to cover the costs of holistic healing modalities that are not covered by traditional insurance. Our organization also sponsors qualified candidates to attend such life saving programs such as UCF Restores, Save a Warrior (SAW) in addition to other healing and restorative programs and retreats.



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Our organization has a wide network of resources that offer holistic healing therapies and a variety of techniques that can be blended with traditional Western medicine and treatment plans to help to heal those afflicted by PTSD.

Our focus group is first responders and veterans as well as teens affected by Post Traumatic Stress and impacted by experiencing trauma.

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A WORD FROM OUR FOUNDER



Hi, I am Jill DiSalvo, holistic accountant & business coach and partner with my family's CPA firm, DiSalvo & Associates in West Palm Beach, FL.

Realizing the close correlation between holistic health and business health, I integrated my knowledge of body & mind well-being into financial work and created Financial Frequency. I work closely with clients and support them in achieving work-life harmony through financial coaching and holistic accounting.

In 2018, when one of my loved ones was impacted by Post Traumatic Stress (PTS) after the impact of their career as a Special Operations Lieutenant with Fire Rescue, I could not stand idly by, watching them suffer. I also learned about the nuances about how worker's compensation will only cover a firefighter if they see one of 10 qualifying events within a 12 month period (FL Statute 112.1815) and if that is not the case, then they are not covered.

After seeing the ineffectiveness of the allopathic treatments for PTS, I saw the need to bring a holistic approach to helping first responders navigate this complicated trauma. I witnessed first hand that when a person is experiencing the impact of PTS, coupled with depression, anxiety and despair, it is extremely difficult to handle the daily stressors in life, let alone being compounded with having to deal with governmental bureaucracy and the stress of becoming financially challenged if their benefits are not going to be covered. The focus should be on seeking out solutions to help recover and heal. I saw a need to have an organization to help these individuals navigate the "red tape" while also helping them to explore holistic and other modalities rather than testing medication after medication and all of the adverse side effects of taking these types of prescription medications.

In 2021, my family was again impacted by Post Traumatic Stress when another one of my family members suffered severe trauma, I saw the need to incorporate teens as a part of our focus group. With the significant rise of teen suicides and depression amongst adolescents, I decided to focus our efforts on teaching teens about natural resources and tools to help them recover and heal from the impact of experiencing trauma and to be able to develop healthier coping mechanisms instead of numbing, self harm, suffering and prescription medications.

This is exactly why I created this 501(c)3 non-profit Vibration432, a community network of holistic service providers and the support staff to match PTS sufferers to alternative services. Our mission is to to heal and improve the lives of anyone suffering from PTS, Depression or Anxiety.

The organization's name, Vibration 432 is based on the Frequency 432 Hz. While taking my 200 Hour Yoga Teacher Training, I learned about the Solfeggio frequencies and Frequency 432 Hz, is known as the Love Frequency or Miracle Tone.

One of our guiding principles, is that everything is energy and the state of our health and well-being is directly affected by the frequency of our body and our frequency is affected by the frequency of our thoughts and the people and things around us. Your thoughts and feelings control the vibration of your body and because that is the case you have the power to choose the frequency that you vibrate at.

I founded this organization on the belief that Love can heal all wounds and together we can make a difference, start to change the way that mental health is treated and make a long lasting impact by improving the lives of those suffering so that they can heal and find a renewed sense of purpose and live a happy and fulfilling life.

Thank you for your interest in supporting our organization and our mission. #NotAllWoundsAreVisible

With Gratitude,

Jill DiSalvo

Jill DiSalvo
Vibration 432, Founder
Frequency 432 Healing & Wellness, Creator
VIBE 432 TRIBE, Leader



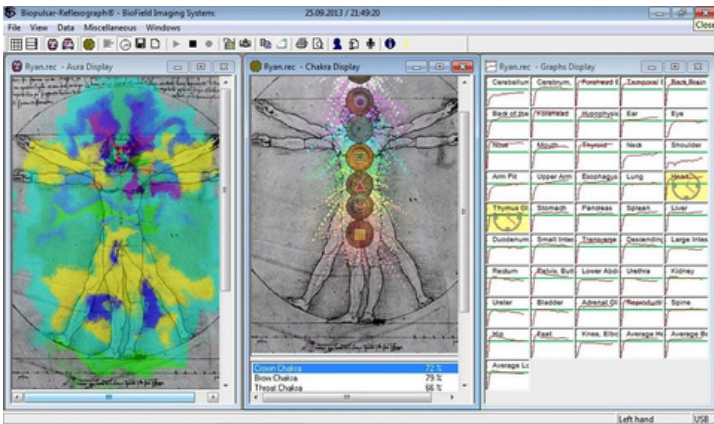
VIBRATION 432 METHODOLOGY



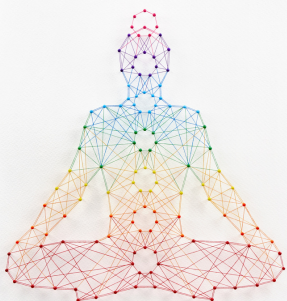
**Individual Contacts
Vibration 432 for Help**



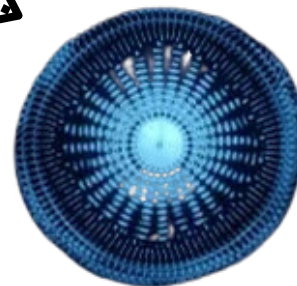
**Intake Session with counselor to learn about
what caused their trauma and what treatment
they have experienced**



**Individual is Assessed using the Biopulsar
Reflexograph, a biofield Imaging System to
measure their energy by reading their aura.
(see page 8 for details on this technology)**



**Throughout the individuals
healing journey, the Organization
will routinely check in and take
aura readings to measure any
positive or negative changes in
their psycho-spiritual well being.**



**Advisory Committee, to include Founding
Members & Licensed Psychologists, meet to
review intake assessment and Aura reading
and determine which practitioner, from our
network, VIBE 432 TRIBE, who have been
vetted and approved practitioners to serve our
Organization. The Committee will agree on
the best practitioner that the individual
should meet with to help them start on their
healing journey**

OUR WHY!

Teen Statistics

- 10% of deaths ages 11-24 are considered death by suicide
- 8% ages 11-24 have a suicide plan
- In 2019, suicide was the 3rd leading cause of death for young Floridians ages 15-24.
- (<https://www.myflfamilies.com>)
- In 2017, there were more than 6,200 suicide deaths among adolescents and young adults ages 15-24, making it the second-leading cause of death for that age group.
- Results from the 2019 Youth Behavioral Risk Factor Surveillance System show that in the past year 18.8% of high school students seriously considered attempting suicide and 8.9% attempted suicide.
- Statistics show that adolescents aged 13-18 have a 5% lifetime prevalence while 1.5% have a severe impairment. PTSD affects females more than males, with females at 8% and males at 2.3% (www.adolescentwellnessacademy.com)
- Studies show that about 15% to 43% of girls and 14% to 43% of boys go through at least one trauma. Of those children and teens who have had a trauma, 3% to 15% of girls and 1% to 6% of boys develop PTSD. (www.ptsd.va.gov)
- **10.8 teen deaths by suicide per 100,000 adolescents ages 15-19** (www.americashealthranking.org)

US Suicide Statistics

- From 2011 to 2022, over half a million lives (539,810) were lost to suicide, with 2022 showing the highest number of deaths on record. Within this period, the adjusted suicide rate increased by 16% moving from 12.3 to 14.4 deaths per 100,000 individuals
- CDC's provisional data for 2022 show a record high of 49,369 suicide deaths. Provisional CDC data show that the number of suicide deaths in 2022 is the highest recorded, exceeding the next closest year (2018) by over 1,000 deaths
- Looking back further to 1999, there is a substantial 37% increase from a rate of 10.57 per 100,000. Notably, while 2022 had the highest recorded number of suicide deaths, its rate is similar to 2018 (14.5 in 2022 vs. 14.2 in 2018 per 100,000) but higher than the rate in 2020—the year before suicide deaths began to climb again. Research suggests that suicides may be misclassified as drug overdose deaths since it can be difficult to determine whether drug overdoses are intentional.

First Responder Statistics

According to the 2nd Alarm Project
(<https://2ndalarmproject.org>)

- 23% of first responders reported PTSD
- 77% of first responders reported symptoms of depression
- 37% of first responders self-reported harmful substance abuse
- 15% of first responders have contemplated suicide
- Depression rates are 5 times higher amongst firefighters than the general population

According to National Alliance on Mental Illness
(<https://www.nami.org>)

- Both firefighters and police officers are more likely to die by suicide than in the line of duty
- An estimated 18-24% of dispatchers suffer from PTSD
- 35% of police officers suffer from PTSD
- 37% of fire and EMS professionals have contemplated suicide

Stronger Families

(<https://strongerfamilies.com>)

- Some First Responder departments have a 72% divorce rate
- An estimated 506 of our nation's heroes suffer from Post Traumatic Stress
- 18-22 veterans commit suicide everyday

Wounded Warrior Project

(<https://www.woundedwarriorproject.org>)

- 76% of veterans self-reported PTSD, anxiety, and depression
- 50% reported co-occurring mental health conditions
- Over 1 in 4 reported suicidal thoughts each year
- 51.6% of WWP Warriors reported at least one instance of suicidal ideation
- 1 in 5 WWP Warriors report that they have attempted suicide at least once in their lifetime

COMMUNITY OUTREACH

Annual Frequency 432 Healing & Wellness Expo

Hosted on Veteran's Day, November 11th

- Inaugural in 2021 @ Steel Tie Spirits in West Palm Beach
 - 25 Vendors; 150 attendees
 - Soham Yoga Workshop
 - Crypto Roundtable with Michael Sarmient
- 2022 @ The Armory Art Center in West Palm Beach
 - 63 Vendors; 200 attendees
 - Feature Speakers:
 - Cassie Eubanks, Trauma Center Hypnotherapy
 - Dawn Vasquez, Thriving after Terminal Illness & Women Empowerment Coach
 - SoFusion Yoga Workshop
 - Cecilia St. King, Heart Opening Singing
- 2023 @ Carlin Park in Jupiter
 - Goal of 100 Vendors & 500 attendees

- Volunteer list to assist with pre and day of event tasks.
- Door Prizes & Raffle Ticket sales for added revenues
- Corporate Sponsorships - DiSalvo & Associates, PLLC 2021 & 2022. Looking for outside sponsorships for 2023 event

Upcoming Event!
11/11/2023

Scan to learn more

Frequency 432 Healing and Wellness Expo

Are you a Holistic Healer, Helper, Wellness or Metaphysical Practitioner? You are invited to this One of A Kind Event!

BECOME A VENDOR

- Share your innate talents and spiritual gifts with other like-minded vendors, attendees and spiritually-connected individuals.
- All Event proceeds donated to Vibration 432, a 501c non-profit with a mission to heal those who have experienced trauma, suffering from PTSD.
- Vendor Booths will be available!
- Sponsorships available
- Scan QR code above for more information

[REGISTER NOW](#)

📞 561.425.8707 📍 Carlin Park Jupiter 🌐 www.frequency432.us



Participation in Community Events

- First Responder Self-Love Goody Bags for St Mary Nurses, February 2021
- Vision & Auras at the Salt Suite, January 22, 2022
- VIBE 432 Retreat - New Moon Women's Circle of Creative Action, January 2023
- VIBE 432 Training & 21 Day Challenge, February 2023
- Staar Con, February 2023
- Palm Beach County Fire Rescue Chili Cookoff, February 2023
- South Florida Yoga Expo, March 2023
- International Yoga Fest, June 2023
- Hosted Appreciation for First Responders with Palm Beach Gardens Medical Center at the Salt Suite, June 2023
- Coco Market, West Palm Beach, July & September 2023
- Connected Collective Wellness Wednesday, August 2023
- Transformational Teen Tuesday with the Wolfpack Brotherhood, August 2023
- Boynton Beach Fire Department Hispanic Heritage Month Celebration, October 2023

COMMUNITY OUTREACH

Frequency Friday- Weekly Newsletter

- Began weekly newsletter in 2019
- E-mail distribution to 1,800 +
- 50-55% Open Rate
- Consistently adding to e-mail list (collecting via websites- Vibration432.com & Frequency432.us)

Monthly Networking

- Monthly Networking events for Volunteers & Holistic & Metaphysical Practitioners to connect, educate one another about the services available (beginning July 2023)
- Featured guest/activity each month
 - VIBE 432 Self Improvement Tool training
 - Mini Aura Reading Sessions
 - Sound Healing

Frequency 432
Elevate your Frequency!
www.frequency432.us

Join our Community!

You are invited to join this Meeting in the efforts to build a community of Healers and Wellness Practitioners to showcase the many services available for trauma-afflicted individuals and their families. Our Mission is to expand within our Organization to have a wide network of resources that offer holistic healing therapies and a variety of techniques that can be blended with traditional Western medicine and treatment plans to help heal.

Event date:
September 28, 2023, 5-7 pm
Alton Clubhouse 13255 Alton Rd.
Palm Beach Gardens, FL 33418

You are invited to an evening of sharing ideas, collaborating with fellow wellness practitioners, helpers and healers. We are working to build our network of resources to serve our 501(c)3 non profit Vibration 432 to help to heal and improve the lives of first responders and teens suffering from PTSD.

Visit www.frequency432.us to learn more!

Limited space available! RSVP to: info@vibration432.com

Sound Bath Meditation!



Frequency 432 Healing & Wellness Community

- Started Facebook Group - Frequency 432 Healing & Wellness
- Goal is to attract holistic & metaphysical practitioners that will serve individuals that contact Vibration 432 for assistance
- Meet Up Group formed with over 100 members

COMMUNITY EDUCATION & TRAINING

Aura Training with the Biopulsar Reflexograph

Vibration 432, Inc's counterpart organization, Frequency 432, LLC has invested in two Biopulsar Reflexographs which the organization is utilizing to measure an individual's energy field by examining a person's aura, chakra blockages and organs.

(<https://www.biopulsar.com/>)

Hattie Parker, MS Ed, has over 20 years of aura reading experience and we have been conducting training sessions to train mental health professionals and holistic practitioners on how to utilize the technology with their patients.

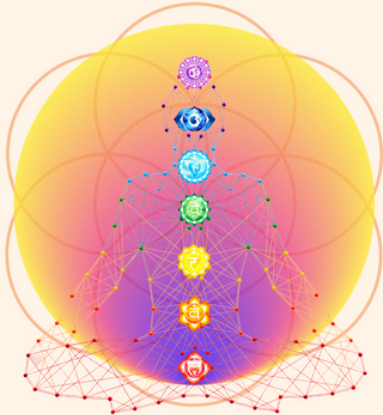
Hattie has been an instrumental part of developing our non profit, Vibration 432 and it's founder, Jill DiSalvo have found her to be an invaluable resource both personally and professionally. To learn more about Hattie, visit her website @ www.hattieparker.com

Vibration 432 sponsored Hattie to attend a 15 hour Trauma Informed Outreach Certification with the Connection Coalition & 305 Yoga.

hattie@hattieparker.com
www.hattieparker.com

Aura Training with Hattie Parker

MS Ed, Astrologer, Numerologist, Aura Reader



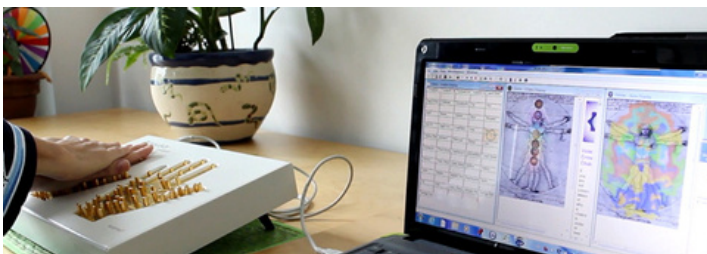
HANDS ON TRAINING: WORK WITH THE BIOPULSAR REFLEXOGRAPH,
LEARN HOW TO DECIPHER THE AURA, CHAKRAS, BODY-MIND SPIRIT
CONNECTION. UNDERSTAND THE PHYSICAL AND BIOFIELD ANALYSIS AND
WHAT STORY THE AURA IS TELLING.
*CERTIFICATION PROGRAM AVAILABLE
SUNDAY SEPTEMBER 10TH
1-4PM
1760 N. JOG RD. SUITE 150
WSET PALM BEACH 33411

WHAT IS THE BIOPULSAR REFLEXOGRAPH

The Biopulsar-Reflexograph® system; a biofeedback tool that gives scientific information and objective interpretations for the full body, its electromagnetic field, and seven major energy centers, which are called Chakras.

The Biopulsar technology incorporates several proven sciences such as biofeedback, neuroscience, reflexology, kinesiology, palmistry and body and color languages to name a few, making it the most advanced bioenergetics technology in the world!

Accessing the "real-time" energetic information in a few different formats allows practitioners to instantly analyze a client on a holistic level—not just spiritually but also psychologically and emotionally as well.



Currently, Vibration 432, Inc owns two Biopulsar Reflexographs and future plans include the acquisition of additional units so that our VIBE 432 TRIBE can utilize them to assess individuals under their care and monitor their progress on their healing journey.

Our organization has been conducting research with individuals pre and post a variety of treatments including, but not limited to: Transcendental Meditation, Ketamine Therapy, Sound Healing, Access Bars, and Reiki to measure changes and improvement in their readings.

To learn more about the Biopulsar Reflexograph, visit:
<https://www.biopulsar.com>



PROGRESS IN REVIEW




- September 2019 - Vibration 432 was formed
- March 2020 - sponsored first responder to attend UCF Restores program in Orlando
- May 2020 - Jill was introduced to Hattie Parker and the Bio Pulsar Reflexograph. She placed an order to purchase a Bio Pulsar as she saw the psych-spiritual efficacy of the technology
- June 2020 - Vibration 432 assisted firefighter with filing lawsuit against PBCFR and winning the case on the basis that the manifestation of the PTSD was within the 12 month period. Measured firefighter with PTSD aura for first time
- September 2020 - Sponsored first responder and formal naval officer with PTSD for Transcendental Meditation 6 week training course
- October 2020 - Sponsored first responder to go to SAW retreat
- November 2020 - Vibration 432 assisted first responder with filing for medical resignation
- December 2020- Completed Transcendental Meditation training with first responder and the facilitator in Jupiter, FL - did comparative aura.
- February 2021- Measured aura of former and retired PBC firefighter suffering from PTS
- March 2021- Measured aura of first responder after completing 3 months of TMS therapy
- April 2021 - founder's daughter experienced extreme trauma and was diagnosed with PTSD. Start of long journey of teen mental health, suicide notes and struggles to find psychologist that could assist with our situation.
- November 11, 2021 - hosted first annual expo at Steel Tie Spirits - 25 vendors attended; 100 attendees
- February 2022 - Assisted first responder with PTSD with filing medical resignation from PBCFR
- July 14, 2022 - sponsored first responder to go to SAW
- November 11, 2022 - held practitioner meeting to share vision for Vibration 432 with vendors
- October 26, 2022 Governmental Multidisciplinary Training in First Responder Health: Prevention & Intervention following aftermath of Stoneman Douglas High school shooting in Parkland, FL
- November 11 (18), 2022 - hosted second annual expo at Armory Art Center - 65 vendors attended
- July 2022 Hattie attends trauma certification session at 305 Yoga
- February 4, 2023 - Vibration 432 has booth at PBCFR Chili Cook Off
- March 18, 2023 - Vibration 432 sponsored booth at South Florida Yoga Expo in Ft. Lauderdale
- June 6, 2023 - Vibration 432 hosted Happy Hour with Aura Readings for Palm Beach Gardens Medical Center nurses
- June 21, 2023 - connected with Connected Collective - Wolfpack brotherhood
- July 8, 2023 - first Frequency 432 Healing & Wellness gathering
- July 15, 2023 - Vibration 432 has booth at Coco Market
- July 26, 2023 - Vibration 432 has aura reading with the Connected Collective - Cold plunge challenge
- August 15 2023 - Teen Transformation Tuesday @ Wolf Pack Brotherhood cold plunge challenge
- August 20, 2023 - Aura Training
- August 22, 2023 - 2nd Frequency 432 Healing & Wellness gathering
- September 10, 2023 - Aura Training
- September 28, 2023 - 3rd Frequency 432 Healing & Wellness gathering

2024 & BEYOND PROPOSED BUDGET & OBJECTIVES




Initiative

Budget

Wellness Programs & Technologies:

- | | | |
|--|--|--------|
|  | <ul style="list-style-type: none"> Scholarship Fund to send individuals in critical need to life saving treatments, retreats, etc (ie SAW retreat) | 20,000 |
|  | <ul style="list-style-type: none"> Wellness Fund to cover cost of treatments with holistic treatments | 20,000 |
|  | <ul style="list-style-type: none"> Acquire Cutting Edge Technology, ie 50 Brain Tap Units to give to PBCFR to have in their fire stations, Biopulsar Reflexograph system and additional diagnostic Biopulsar software | 80,000 |

Marketing:

- | | | |
|--|--|---------|
|  | <p>Frequency 432 Healing & Wellness Expo Marketing Budget</p> | 5,000 |
|  | <p>Secure a brick & Mortar location for practitioners to utilize, host workshops, community education, center for teens to come learn natural tools to alleviate stress, anxiety and depression (lease or purchase commercial space)</p> | TBD |
|  | <p>VIBE 432: Mental Health Energy Cards. Self help tool collaboratively developed practitioners to be distributed as part of a Mental Health First Aid Kit to psychologists, schools, and fire stations</p> | 10,000 |
| | <p>Marketing & Advertising Budget. to spread awareness</p> | 10,000 |
| | <p>Staffing needs</p> | 100,000 |

WITH GRATITUDE

Thank you to all of the contributors for helping me to lay the foundation for this organization.

Hattie Parker for sharing the aura reading technology with me, your knowledge, expertise, research and never ending and unwavering support.

Nanette Saylor for your coaching over the years and guidance to bring structure to this organization, for your time, love and support

Tigrilla Gardenia for keeping me on track with making strides with this organization and helping me to make my dreams to reality.

Jennifer Basing for your beautiful spirit and energy and for helping me develop our collateral materials, branding and social media presence

Omie Spirit for being in my life and sharing your innate talents with our Organization.

The Frequency 432 Healing & Wellness Community - I am grateful for this community of healers that we are building and looking forward to making magic together and helping those suffering to truly heal

Veronica Chordas with Wonderlust for “getting” my vision and helping me with our website design and ever-changing modifications

My Financial Frequency team at DiSalvo & Associates - thank you for holding “the fort down” for me while I engage in these other endeavors. I could not be me without you and am eternally grateful for each and everyone of you.

My family, for your everlasting love and support while I strive to balance my CPA firm, being a single mom, in a relationship with the man that I love and getting this non profit up and running while building a community of amazing healers. I appreciate your love, support and understanding of me and that I feel that is my life’s soul purpose to fulfill this mission