

ELEVATE YOUR VIBRATION

Frequency 432



Happy Frequency Friday!

FREQUENCY 432 HEALING & WELLNESS EXPO

Have you RSVP'd yet?! Our event on 11/11 event is shaping up to be a HUGE success and looks like we are going sell out!

When: **NEW DATE!! Friday, 11/18/22, 12:00-5:00 PM**

Where: The Armory Art Center
811 Park Place, West Palm Beach

RSVP Today!

[CLICK HERE!](#)

\$20 Donation - 1 Complimentary Beverage - Swag Bag for 1st 100 Guests!
- Raffle Prizes - Door Prizes - Giveaways
FREE Mini Reading!

See Page 2 for complete list of vendors!
Come Experience & Shop!

****IMPORTANT UPDATE****



Tropical Storm Nicole heading to FL's East Coast



Total Lunar Eclipse in Uranus - The planet of Wildcards



Plot Twist!

Frequency 432 Expo has a **NEW DATE!!**

Join us on **FRIDAY, NOVEMBER 18th**
Same place: Armory Art Center
Same Time: 12:00-5:00 PM

We have over 50 of South Florida's finest Vendors!

Register to attend today!
www.vibration432.com

RSVP Today!

\$20 Donation
Complimentary beverage
FREE Aura Mini Reading
Raffle Prizes
Swag Bag to first 100 attendees

E-mail: info@vibration432.com

ALL PROCEEDS DONATED TO VIBRATION 432, A 501(C)3 NON-PROFIT WITH A MISSION TO HEAL THOSE WHO HAVE EXPERIENCED TRAUMA, SUFFERING FROM PTSD AND WORK TO SUPPORT FIRST RESPONDERS AND TEENS WITH PTSD.

All proceeds will be donated to Vibration 432, a 501(c) 3 non profit with a mission to heal and improve the lives of those that have experienced trauma, suffering from Post Traumatic Stress, Depression and Anxiety. Our focus group is first responders and veterans as well as teens affected by Post Traumatic Stress and impacted by experiencing trauma.

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This year's expo is attracting some of Palm Beach County's finest

Learn, Grow & Discover

Curious about learning more about yourself? Want to see your aura? Have an angel reading? Have your tarot cards read or gemstone reading? Would you like to learn about the healing powers of salt therapy? Looking to learn a self assessment tool to help guide you through your day? Interested in hypnotherapy? Would you like to learn more about meditation & yoga? Craving creative expression?

Agenda 11.18.22



12:00 PM: Open to the Public

12:30-1:15 PM: Yoga/Pranayama Session with Sofusion Yoga

1:30-2:00 PM: Cassi Eubank, CCHt, NLPP, DTM on Finding True Happiness After Extreme Trauma: 3 Steps to Developing Emotional Mastery to Heal Your Heart



2:00-2:30 PM: Sophie Frabotta, MA, Awaken Life Coach & Spiritual Healer on The Secret to Healing Ancient Wounds

2:00 - 2:30 PM: Dawn Vazquez on Thriving after Surviving Terminal Illness



3:30-3:45 PM: Healing Power of Crystals and How to Utilize in your Daily Life by Anthony Arnone from Ruby's Healing Crystals

4:00-4:30 PM: Dr. Daniel Hulsey from Epic Clinics on Brain Health and overall wellbeing



5:00 PM: Event Ends

Financial Fitness

Sure Fire Financial
Financial Frequency

Eat & Drink

Boozie Bluebell
Dope Vegan
The Healthy Spot

Shop!

Looking for the perfect holiday gifts this year? Check out these vendors including crystals, gemstones, self care products with reiki energy, bathing suits, chakra teas, hydroponic gardening, nutritional supplements & unique jewelry! Looking for eco friendly, organic makeup and skin care?

Ruby's Healing Crystals
Eco Swim Co

Tea 4 Chi

Exclusive Designs by Eva
Calm Mind & Body Store

Live Green Beautifully

The Meridian Project

Zetta Karmas Fine Art

Earthfluenced

Folayan Original

Crystal Mystic Goddess

Atlexas

Health & Wellness

Come to meet some of South Florida's finest healing practitioners and learn about the different modalities available!

Living Towers

The Salt Suite PBG

Cassi Eubanks

Sofusion Yoga

Shay's Holistic Spa

Soham Yoga

Soham Yoga

Zen Sweat Den

Suresh Raja, MD & QBioClub

The Metafix Wellness Center

Danaysi

Zen Sweat Den

Tactics Elite

Reckless Training

Collaborated Wellness Cryo

EPIC Clinics Pompano Beach

Progress Pharmacy

Wellness for Busy People

Stretch Lab

4 Ever Young Antiaging

Metaflex Wellness Center

Vibrations Massages



We feel so honored & are grateful to have the Redline Sisterhood joining us! The Red Line Sisterhood, are dedicated to educating ourselves to provide the best support system available to our Fire Fighter family.



Employers: beware of third parties promoting improper employee retention credit claims (ERTC)

Employers should be wary of third parties advising them to claim the employee retention credit when they may not qualify. Some third parties are taking improper positions related to taxpayer eligibility for and computation of the credit.

These third parties often charge large upfront fees or a fee that is contingent on the amount of the refund. They may also fail to inform taxpayers that wage deductions claimed on the business' federal income tax return must be reduced by the amount of the credit.

If the business filed an income tax return deducting qualified wages before it filed an employment tax return claiming the credit, the business should file an amended income tax return to correct any overstated wage deduction.

Businesses should be cautious of schemes and direct solicitations promising tax savings that are too good to be true. Taxpayers are always responsible for the information reported on their tax returns. Improperly claiming the ERC could result in taxpayers being required to repay the credit along with penalties and interest.

What is the employee retention credit?

The ERC is a refundable tax credit for businesses who continued paying employees while shutdown due to the COVID-19 pandemic or had significant declines in gross receipts from March 13, 2020 - December 31, 2021. Eligible taxpayers can claim the ERC on an original or amended employment tax return for a period within those dates.

To be eligible for the ERC, employers must meet one the following conditions:

- They sustained a full or partial suspension of operations due to orders from an appropriate governmental authority limiting commerce, travel, or group meetings due to COVID-19 during 2020 or the first three quarters of 2021
- The business experienced a significant decline in gross receipts during 2020 or a decline in gross receipts during the first three quarters of 2021
- The employer qualified as a recovery startup business for the third or fourth quarters of 2021.

Only recovery startup businesses are eligible for the employee retention credit in the fourth quarter of 2021.

Eligible employers cannot claim this credit on wages reported as payroll costs to get PPP loan forgiveness or that they used to claim certain other tax credits at any time

For the complete IRS bulletin, [CLICK HERE](#)

Please consider making a donation this **Veteran's Day** to support our mission and help us support those suffering!
[CLICK HERE](#) to make your tax deductible donation to our 501(c)3 organization, Vibration 432 today!

Time is Running Out!

Schedule your Year End Tax Planning
Session Today!
[CLICK HERE](#)



Cosmic Crypto Mojo

WITH ASTROLOGER & NUMEROLOGIST HATTIE PARKER, MS,ED
A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS

Get Your Cosmic Mojo On

Expect the Unexpected
& for the Care and Feeding Your Personal Cosmic Well-Being
Expect It To be Good for YOU

Tuesday 11/8 we finished the closing eclipse in a set of two (a Solar and a Lunar that always come in pairs). Eclipses are wildcards. Eclipses trigger unexpected events. When they are combined with Uranus the planet of surprises—hold on to your hat. (FYI: The total lunar eclipse of 11/8 was closely hooked up with freedom loving, life disrupting Uranus, the planet of surprises). Though the number 2 eclipse ended the actual occurrence of this season's eclipses, It's energy is going to influence us for 6 months.

Crazy things happened between Eclipse 1 (October 25) and Eclipse 2 (November 11) . For Example: Elon musk bought Twitter for what seems to be a ridiculously outrageous sum. Additionally, the Prime Minister of Britain resigned after only having been in office a couple of weeks. Crazy! Right? Who does that?

And then "you may ask: Why does the UK matter to us or me?" As an astrologer my take on this is that the UK's financial instability is a sign to that finances of the world are unstable. And then I take it further to mean change will come and everyone will be affected.

During the past 13 - 15 years Pluto the planet of power, also the planet that destroys in order to make room for events and opportunities that couldn't have existed previously has been in Capricorn. It is the sign that rules government, big business and MONEY. It will be in Capricorn until early 2024. This portends that there are yet even more big changes to be unfolding in our lives.

Sustaining and maintaining calm in the face deep life altering change is vitally important. Money is a subject that raises fear and the jitters. From a Cosmic Well Being perspective if you embrace the wisdom of the Universe that everything is energy, you may want to read the signs of the times this time as Red Flag Alert. Change is coming. Uranus and Pluto being cosmically active reveals change is inevitable. My suggestion for cultivating a way of being that will help carry you through these changing times is to center your thinking on projecting that the Universe knows what it is doing.



The Universe is creating the conditions for "that which was not possible before to be possible." To calm any fear or paranoia about the impending change assure yourself that there will be good outcomes for you and for the people you care about. **BOTTOM LINE:** Trust the Universe knows what it is doing and expect good things to happen for you.

I will be offering mini-aura-imaging sessions at the Vibration 432 event 11/18.

Feel free to seek me out If you are interested in exchanging ideas about the cosmic perspective on what's happening in our world.