



- HURRICANE IAN RELIEF
- WORLD MENTAL HEALTH DAY & 11/11 EVENT!
- FEATURED BUSINESS SPOTLIGHT-TACTICS ELITE
- OCTOBER'S FULL MOON & DAMNED IF YOU DO, DAMNED IF YOU DON'T!
- SAVE THE DATE-HAPPY HOUR ON 10/13-COME NETWORKING WITH US!
- NANETTE ON THE POWER OF SYNCHRONICITY

HURRICANE IAN

Friends, & Family,

Our neighbors to the west have been hit with one of the worst hurricanes in history and we are here to help them. I am honored to feature one of our favorite clients and friends, MANG as they not only continue to exemplify what it means to be an eco-friendly but also socially responsible business but they are always the one of the first to step up to the plate and help during times of need.

As many of you know, Fort Myers was where the MANG brand was conceived. To see the devastation from Hurricane Ian is heartbreaking. So we're rallying together in support.

We've got 4 drop off locations on the east coast of Florida that will take supply donations from the lists below. In the coming weeks we'll be organizing trips to Fort Myers, alongside local partners, to help deploy these resources to those in need.

You can also donate directly to Captains of Clear Waters - [CLICK HERE](#)

If you can't donate, please share this with your friends and family! We are working with @captainsforcleanwater to organize relief efforts once it is safe to run supplies for hurricane Ian relief.

Alternatively, you can donate money directly to hurricane relief at captainsforcleanwater.org or at floridadisasterfund.org

Holiday Gift Idea

In lieu of holiday gifts this year, we are making a donation for our annual client holiday gift budget to the Mang Foundation so that they can utilize the money to purchase items

Impacted from the devastation left behind by this horrible storm. We can all count our blessings that we were spared by this storm and hope that you will consider making a donation to an organization such as the Mang Foundation or other organizations that are helping to provide relief to those who have lost everything.



OPERATION IAN RELIEF PALM BEACH COUNTY

DROP SITE ADDRESS:

West Palm Beach Fishing Club
201 Fifth Street
WPB, FL 33401

DROP OFF HOURS:

Monday - Friday
9am - 6pm

REQUESTED SUPPLIES:

EMPTY Gas Cans
CHAINSAWS

FLASHLIGHTS & BATTERIES

PREMIXED OIL

WATER

GATORADE / ELECTROLYTES (MIX)

NON PERISHABLE FOOD

GENERATORS





World Mental Health Day - October 10, 2022

World Mental Health day started in 1992 and the overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

As a teen, I struggled with depression and have been on a journey of self-discovery and self improvement my entire life. I have become extremely passionate about helping people that I encounter on a daily basis to find their life purpose and become the best

version of themselves in all areas of their lives. When I was 17, my dream was to open a holistic healing center that combined both Eastern and Western healing therapies. My dad was developing Abacoa at the time and I told him my idea but he must have thought, "there she goes with her wild dreams again" ...

Fast forward 26 years later, and I am so excited to be hosting our 2nd Annual event, Frequency 432 Healing & Wellness Expo at The Armory Art Center in West Palm Beach.. This venue is the perfect location as their mission to improve the lives of veterans and teens suffering from trauma and PTSD through art therapy is very much in line with the mission of the 501(c)3 non-profit that I founded in 2019, Vibration 432. Save the date for this very special event and for the opportunity to meet some of South Florida's finest!

When: Friday, November 11th, Veteran's Day, 12-5 PM

Where: The Armory Art Center, 811 Park Place, West Palm Beach, FL

Want to Attend? [Click Here!](#)
Want to be a Vendor? [CLICK HERE](#)



Have you created an account on IRS.gov?

An IRS online account makes it easy for people to quickly get the tax planning info they need. With the same ease that taxpayers have when banking online or placing an online shopping order, they can log in and get the latest on their payment history, balance, and more.

Taxpayers can view information about their account including:

- Their payoff amount, which is updated for the current day
- The balance for each tax year for which they owe taxes
- Their payment history
- Key information from their most current tax return as originally filed
- Payment plan details if they have one
- Digital copies of select IRS notices
- Their address on file

With an online account, taxpayers can also:

- Make a same day payment
- Set up an online payment plan
- Access tax records and transcripts
- Authorize another person to represent them before the IRS or view their tax records
- Approve and electronically sign Power of Attorney and Tax Information Authorization requests from their tax professional

A taxpayer's balance will update no more than once every 24 hours, usually overnight. Taxpayers should also allow one to three weeks for payments to show in the payment history.



Veteran owned business providing In-Home Personal Trainings & Self Defense Lessons

Rod is a certified Krav Maga Facilitator under the AIKMO banner and a 20-year US Military Veteran (Marines and Air Force). He also has experience in Combatives, MMA and Brazilian Jiu-jitsu and extensive firearms training.

He offers the following classes and believes that anyone, regardless of age, gender or physical ability has the right to safety and integrity and is fully committed to safeguarding you and your family.

- Adult & Teen Classes - real world training that teaches you everything you need to survive a crisis situation
- Women's Workshops - learn self defense techniques for instant protection no matter your age or experience level
- Kid's Classes - teaches life saving concepts and skills to kids in an upbeat and positive environment
- Seasonal Camps - They offer a fun, diverse, stimulating curriculum that includes our core Krav Maga program

Contact Rod Today!
Rod.tacticselite@gmail.com
(520) 907-4672



SUITE DASH
all-in-one business software

Coming Soon!

We are very excited to introduce our clients to Suite Dash! We are in the process of building our very own App that you will be able to download so that you will have your very own Client Portal where you will have access to all of your tax returns, tax documents, financials, etc! We are working out all of the kinks now so if you happen to receive an e-mail from the system - we want you to know that it is legitimate and you should set up your password so when we are ready to go live in a couple of weeks you will be ready!



Financial Frequency Abundance Affirmation Cards Now Available!

I am so excited to announce that our Financial Frequency Abundance Affirmation Cards are now available for purchase! There is one card to pull per day of the month to give you positive motivation & inspiration! Only \$25/set! Makes the perfect gift!

E-mail me today!
jdisalvo@d-acpa.com

Cosmic Crypto Mojo

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED



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Get Your Cosmic Mojo On

Full Moon 10/9/22
Reflections on Winning at:
Damned If You Do – Damned If You Don't

An accepted way of thinking among people who ascribe to following the stars is the phrase "As above so below." The case for finding value in star gazing is clear. Tracking what is above empowers being better able to navigate the practicalities of everyday life.

Damn/Damn Examples

It is safe to say most of us have had and/or are facing life circumstances that present "Damned If You Do – Damned If You Don't" dilemmas. For clarity sake the following are a couple examples of how this might play out for you:

If you don't forgive someone for hurting you, you have the potential of continued inner pain. Then you might push yourself to forgive. However, then, you have the potential to feel worse if you have sold out on your commitment to do whatever it takes to honor being self-loving by following your gut instincts.

Then, consider a child rearing disciplinary situation. There is a circumstance where you instinctively do not want to have to be a tough love parent. You choose to relax being very strict. You are at risk that your child will not "get" the lesson. Thus, he or she will move forward believing he or she can take advantage of your liberal leanings. However, if you chose tough love then you are out of synch with your gut instincts.

Such situations are confounding. There are certainly no easy answers either above or below. And, this upcoming Full Moon presents an interesting cosmic teaching/learning moment. It is happening on 10/9/22 the day before World Mental Health Day 10/10/22. It occurs when the Sun is in Libra and the Moon is in Aries. The planetary ruler of Aries is Mars, the warrior planet. For starters I will only address the Sun and the Moon, the two heavenly bodies of a Full Moon. Thus, I would be inclined to advise you to seek to resolve challenging interpersonal dynamics by getting in touch with your inner warrior and what seems to be making you mad, sad and angry.



Venus to Your Rescue

However, to the contrary my advice is to use this time to get in touch with your inner lover of peace and harmony. The astrological rationale is that, with this Full Moon, the Sun, that is shedding light on your life circumstances, is in Libra. The Sun in Libra is debilitated (weak).* Thus, the light of this Full Moon does not lend itself to clarity. And, however, next to the Moon in the chart of 10/9/22 is Venus, the planet of love, the ruler of Libra. Thus, the Sun is also shedding light upon Venus. Venus, the ruler of Libra, is being happily influenced by the Sun** and offers the hope of shedding light on challenging interpersonal situations in your life. My advice is to be open to having the Universe bless you with even magically, loving and peaceful insights and/or resolutions.

[illegible]



Nanette  Saylor

www.wisewellwomen.com

createwithnanette.com

i believe

The Power of Synchronicity

When we're paying attention, we'll witness things coming together in disconnected, non-linear ways. The more you pay attention to the little things, the more it seems to happen, too. When it does, we might also allow ourselves to interpret those seemingly unrelated occurrences with some sort of meaning. This is what Carl Jung first coined as synchronicity in the early 1920's.

These strange coincidences can fill us with a sense of awe and wonder. And, these unexplained, and often unexplainable, moments invite us to stop for a moment and take notice. We might ask ourselves, how can it be that these events aligned? Is it simply a random, logical occurrence? Or, is there something mystical and magical at play here?

For me, synchronicities are an opportunity to consider the possibility of a power greater than me at work in the universe, however I might define that power. They ask me to consider that a divine source might be dropping some clues. And, no matter where my faith might be on a spectrum ranging from skeptic to true believer on any given day, at the very least, synchronistic experiences leave me with a curious sense that I might want to pay attention.

Perhaps these little quirky coincidences are our souls reaching out to protect or direct us. Perhaps they are simply coincidences. When they happen, how we answer the question depends entirely on what we are willing to believe.

Ever since Carl Jung introduced the term, deep thinkers have been trying to explain this extraordinarily concept in rational terms. There are many conflicting theories that claim to define the nature of synchronicity. Scientists experiment, astrologers look to the stars, psychologists debate with physicians, and all the world's religious leaders claim a specific diety's responsibility for it. And, these experiences aren't rational, are they?

Jung understood synchronicities to be a playful expression of the complex intertwining of linear human-life events with the unseen energies of the universe. He believed they were deliberate and intentional acts of the soul.

Today, I choose to believe that these odd coincidences are unseen messages from the universe. They are guiding me to a deeper understanding of my soul and my soul's purpose. I practice using my senses to be more aware. I pause to notice. I listen. I learn.

For years, I didn't pay attention. My life was one giant source of distraction. I used my intellect to overthink everything. The noise in my head was deafening. Synchronicities came and went without me recognizing the life-changing insight they carried. What I know for sure is that I missed many opportunities to create a life of ease and joy.

When I am willing to consider letting go of my secular, linear thinking and begin playing with the magic of possibility, everything changes. If Carl Jung, a well-respected, noted psychologist could do it, why can't I?

The messages have always been there and always will be, waiting to guide us, support us, teach us. They are there to remind us of our capacity to create. They are there to give us courage. Most importantly, believing that synchronicities are more than just coincidences has the power to give us hope and remind us that "All is well." It's up to us to activate our power to see, hear and feel them and to use them as we make choices in our lives.

I choose to believe. How 'bout you?

