



WEEKLY TIPS FOR YOUR WELL BEING

WHAT WE CAN LEARN FROM NAUTILUS SHELLS



As many of you may know, I am a beach girl! I am a mountain girl at heart too, but I have always loved the ocean. A good day at the beach can revitalize my soul and just feeling the warm sand beneath my toes can raise my energy level!

One of my all time favorite things to do is to walk on the beach searching for shells, we collect them by the bucket full sometimes when it's a good shell day!

I have been working on some new branding for Financial Frequency and in search of the perfect design for my logo. I keep coming back to the Nautilus Shell and wanted to share the symbolism behind this beautiful creation.

As a symbol, the chambered nautilus is a powerful metaphor for one's spiritual evolution.

From the moment we are born and begin to crawl, we continually discover, learn and outgrow our previous thoughts and views of the world. To learn and grow requires us to think in a new or different way, essentially to think "outside the box".

Like the nautilus, once we've expanded our minds beyond the old box, we simply find ourselves in a new bigger box, in which we continue to learn and grow. We also find that once we have mentally moved into this new box, we can never go back to the smaller ones - they simply no longer fit us.

The nautilus can never stay in the same chamber because it continues to get bigger; it must build ever larger and larger chambers until the end of its life.. And the spiral suggests that it can grow forever - there is never a design for a final chamber.

Similarly, we also must never stop growing, learning and expanding, for to stay in the same place would lead to a kind of spiritual death.

The nautilus is also a symbol of strength because it can also withstand very high pressures in the ocean. So next time you are faced with adversity or a difficult challenge, remember that it is an opportunity for you to grow and expand - never stop evolving like the nautilus shell!

BUSINESS SPOTLIGHT



This week's featured business is [Let Clutter Go!](#) With her Master's in Education, Kathy began teaching "Declutter 101" classes at Palm Beach State College. She became a Professional Organizer in 2009 and opened her own business, [Let Clutter Go.](#) In 2018, she became an Organizing Coach and is using her coaching skills in her "Decluttering & Organizing Accountability Mastermind."

Contact her if you want help organizing your home or if you need accountability to jumpstart your decluttering process with a community of other people who understand the difficulty with letting things go!

www.letcluttergo.com

MOM MOMENT

As our kids get started back to school this week (my son is now a Freshman! Where did the time go?) This summer, Ryan was assigned "[Permission to Dream](#)" By: Chris Gardner - Author of the Pursuit of Happyness. In the book, Chris is now a grandfather and is mourning the loss of his girlfriend to brain cancer. Before her passing, she had asked him "*Now that we know how short life can be, what will you do with the time you have left?*" He calls it "Atomic Time" in which every second counts, but he still finds himself stuck. He lays out a blueprint for building a dream come true life - even during uncertainty. He also instills in the reader that no matter how much wealth you achieve, true success comes from enriching the lives of others! I can see how my son was impacted by reading this book so even though I have not gotten to read yet - it is on my list!



MID YEAR TAX PLANNING

It's hard to believe that the year is more than half over!! Now is the perfect time for a Mid-Year Tax Planning Session!!! I

Click the link to my online calendar to schedule your mid-year tax appointment today! [SCHEDULE TODAY!](#)

IMPORTANT DEADLINES

SEPTEMBER 15TH

- Extension deadline for Partnership & S-Corporation Tax Returns

*****IN ORDER TO COMPLETE YOUR BUSINESS RETURN IN TIME, PLEASE SEND ALL DOCUMENTS TO US PRIOR TO 9/1/21**

- 3rd Form 1040-ES: Estimated Tax Payment Due

OCTOBER 15TH

- Extension deadline for Corporate & Personal Tax Returns

*****IN ORDER TO COMPLETE YOUR PERSONAL RETURN IN TIME, PLEASE SEND ALL DOCUMENTS TO US PRIOR TO 10/1/21**

WEEKLY CRYPTO UPDATE! By: Hattie Parker

The Crypto Perspective: On the crypto side, as a person who daily watches multiple YouTube videos to stay informed about crypto. I consistently observe that because crypto is new, it seems to be scary to many. Thus, it is a subject matter that attracts massive amounts of FUD (Fear Uncertainty and Doubt). I remain very pro crypto and view sources that promote crypto FUD as being similar to the folks who, at the time when airplanes were new, said; "If God wanted to us to fly He would have given us wings." As previously suggested in this column the best antidote for crypto FUD is to take advantage of the vast educational resources readily available to all. A few possible people and sites you might choose to follow to educate yourself include: Michael Saylor, Cathy Wood, Crypto Casey and The Coin Bureau. If you know of or find someone you think is super clear and helpful please share. I will be happy to use this column to answer questions and share resources. My contact information is; Hattie@hattieparker.com.

JOIN OUR TEAM



NOW HIRING!

Come join our team! Our firm is now hiring for 3 positions:

Tax Preparer/Bookkeeper:

#TEAMJILL Is looking for an experienced professional with the following experience:

- 2 + years experience in tax season and tax preparation experience - business a
- 2 + years of Bookkeeping experience both Quickbooks Online & Desktop
- Payroll processing and reporting
- Positive attitude is a must!

Qualified applicants, please email resumes to Chammerton@d-acpa.com

Get Your Cosmic Mojo On

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED

A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS

This Friday - a Special Day in 2021 Uplifting Advice for Using it To Your Advantage

Background Info: Friday August 13, 2021 is the one and only Friday the 13th of this year. . For most people in actual life circumstances superstitions, that seem to actually influence either no one or at best only a very few people, they still have a persistent way of spooking people. Many people pay attention to these pesky ideas. Examples of superstitions of this nature include the idea that a broken mirror or a black cat crossing one's path is bad luck and additionally that one should not walk under a ladder. To my surprise I have discovered the superstition relevant to this Friday August 2021, the fear of Friday the 13th, is even associated with a phobia that has a fancy (and daunting to pronounce) name: "paraskevidekatriaphobia". Research reveals that some people actually get sick on Friday the 13th days. Hopefully this is not the case for anyone reading this material.

The Cosmic Perspective: An effective antidote for moving one's self out of being fearful is to regard FEAR to be a reflection of fear perceived as an acronym. F.E.A.R. F = False, E = Evidence, A = Appearing, R = Real. As a numerologist, I know that 13/4 (13 = 1 + 3 = 4) is known as a "karmic debt number". If one has a 13/4 in a significant location one's numerology chart it indicates one's soul chose, in this lifetime, to be paying back for a time in a past lifetime when one acted irresponsibly. As a result life seems to confront these folks with having to be extraordinarily responsible. It has been my consistent observation that people who have a prominent 13/4 number in their numerology chart have a tendency to be very hard on themselves. Notably, in my experience, having counseled hundreds and hundreds of people, I have observed that most people naturally live their lives committed to fulfilling the intent of their higher selves (their souls). This seems to be true whether people are aware of the nature of these commitments or not. Typically I counsel people to recognize that they have very likely paid their debt and now may want and need help to break a working too hard habit.

Action: Thirteen is the number of transformation. This is a good day for any and everyone to partner with Universal energies to transform taking yourself too seriously habits to being joyful. Visualize yourself surrounded in white light being happy and fine just the way you are

Should you wish to explore your personal chart to determine if your soul has chosen to pay back one of the four potential karmic debts contact me at Hattie@HattieParker.com. I will follow up by contacting you to discuss and explain what such an enlightening exploration involves

On Appreciation for Others: In closing I want to give a big shout out to Jill for her exceptional resiliency and consistency. Despite many demands on her time and resources she consistently delivers this newsletter. She's a real trooper. Yeah Jill!!!!