



# Financial Frequency & Cosmic Insight



## Present Manifesting Money + Magic

A collective gathering of business leaders, metaphysical experts, holistic healers and crypto experts who are passionate about living a balanced and fulfilling life!

**When: Thursday, 11/11 2:00 - 8:00 PM**

**Where: Steel Tie Spirits Co**

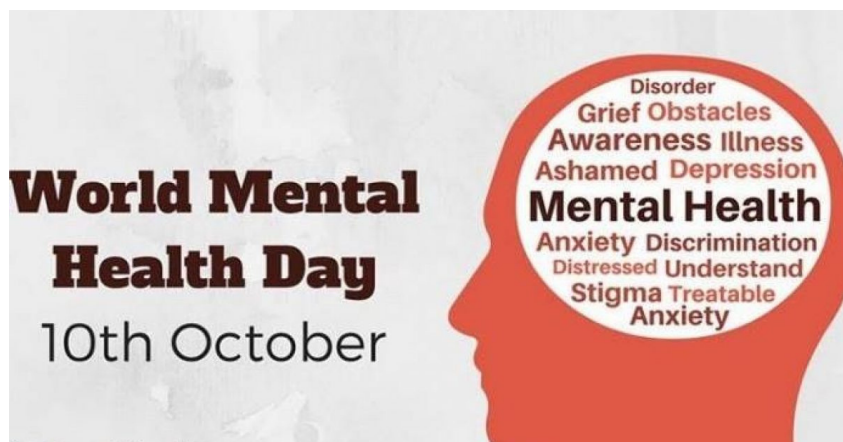
**1615 Clare Ave, Unit A, West Palm Beach, FL 33401**

**Want to Attend? [CLICK HERE](#)    Want a Table? [CLICK HERE](#)**

**Entry fee is a \$20 donation and includes a complimentary hand crafted cocktail!**

**SPACE IS LIMITED - DON'T DELAY - RESERVE YOUR TABLE TODAY!**

This event falls on Veteran's Day and all proceeds will be donated to Vibration 432. This is my 501(c)3 organization that is dedicated to improving the lives of first responders and veterans affected by Post Traumatic Stress Disorder (PTSD).



The COVID-19 pandemic has had a major impact on people's mental health. Some groups, including health and other frontline workers, students, people living along and those with pre-existing mental health conditions have been particularly affected.

The number of people suffering from depression, suicidal thoughts and substance abuse issues have grown significantly over the past 18 months since the pandemic began worldwide.

Asking for help is not a sign of weakness, but of strength. [CLICK HERE](#) for the WHO site to access resources available to help those in need.

#worldmentalhealthday2021

# OPTIMIZE YOUR IPHONE FOR PRODUCTIVITY, FOCUS & YOUR HEALTH

I came across this article written by Coach Tony on the Betterhumans.pub site and shared it with my team and wanted to share with you too! [CLICK HERE](#) to read the full article and learn the how to's and whys behind each tip. I have not tried all of these tips yet, but the changes I have made have made a huge difference in having a healthier relationship with my phone!

#1 Turn OFF (almost) all notifications:

There are only a very few reasons to leave notifications on for a particular app.

#2 Hide Social Media Slot Machines -

These apps try to become your boss - break the addiction

#3. Hide messaging slot machines - same strategy as #2, just for messaging apps

#4. Disable App Review Requests

#5 Turn on Do Not Disturb

#6. Be strategic about your wallpaper

#7. Turn off Raise to Wake

#8. Add the Screen Time widget

#9. Add Content Restrictions

#10. (Optional) Use Restrictions to turn off Safari

#11. Organize your Apps and Folders

alphabetically switch to Google Cloud to Work Faster

#12. Choose GMail

#13. Choose Google Calendar

#14. Replace Apple Maps with Google Maps

#15. Install the GBoard keyboard for faster typing

#16. Switch to Google Photos Install These Apps for Productivity

#17. Use Evernote for all note taking, to-do lists, everything

#18. The Case for Calm as your go-to meditation app

#19. Install the right goal tracker for you

#20. Store all your passwords in a password manager, probably LastPass

#21. Use Numerical as your default calculator

#22. Put the Camera app in your toolbar

#23. Use this Doppler Radar app

#24. Use this Pomodoro app

#25. Use Brain.fm for background noise Use These Apps and Configurations for Deep Learning

#26. Subscribe to these podcasts

#27. Install the Kindle app but never read it in bed

#28. Use Safari this way

#29. Organize your home screen for deep learning over shallow learning use these Apps and Configurations for Longevity

#30. Track steps this way

#31. Prefer Time Restricted Eating Over Calorie Counting

#32. Schedule Night Shift

#33. Set up Medical ID Make The Finishing Touches with These Configurations

#34. Change Siri to a man

#35. Change your phone's name

#36. Turn off advertising tracking

#37. Set auto-lock to the maximum time

#38. Set your personal hotspot password to a random three word phrase

#39. Turn on control center everywhere

#40. Turn on Background App Refresh

#41. Delete Garage Band

#42. Develop verbal memory for talking to Siri

#43. Set up these text replacement shortcuts

#44. Set your address

#45. Backup this way



## BUSINESS SPOTLIGHT

This week, I am very excited to introduce Izza Pizza. Izza Pizza is in the heart of Downtown Delray Beach. Izza Pizza is not your ordinary everyday pizza! A hybrid of the New Haven/New York pizza, a recipe we have been perfecting since the 1980's. Thin, crispy and airy pizza cooked with imported San Marzano tomatoes and extra virgin olive oil.

They feature creatively crafted gourmet pizzas including Vegan & Gluten Free options

<https://www.izzapizza.com/>  
25 NE 2nd Ave, Delray Beach, FL 33444  
561-455-2442



## IMPORTANT DEADLINES

### OCTOBER 15TH

- Extension deadline for 2020 Corporate & Personal Tax Returns

### OCTOBER 31ST

- 3rd Quarter Payroll Reports - Form 941 & RT-6 are due

## ACTION: ON THE COSMIC CRYPTO FRONT

*The following information is for educational purposes ONLY. I am not a financial advisor. There are many crypto pundits sharing valuable information. I recommend getting as much input as you feel moved to consume. FYI: My input is unique from what is readily available on YouTube in that it is informed by my learning from an astute astrologer who specializes in geopolitical astrology. He is exceedingly astute and his content well researched. Thus I am actually offering Cosmic Crypto insights.*

If you are new to crypto:

Crypto is currently on the rise. If you are a person who has been sitting on the sidelines equivocating (retrograde behavior) about purchasing crypto, in my opinion, there is plenty of reason to proceed now. If the current bull run moves Bitcoin from 50K to 100K, as is predicted, there is plenty of room for growth. Any size investment in Bitcoin (the least risky of the Cryptos) has, the POTENTIAL to double.

For actively engaged crypto folks:

If you are already in process with crypto you may want to consider if you want to be taking some profits (i.e., converting some of your holdings to stable coins) to set aside to be ready to buy when and if crypto performs, as it historically has, by crashing after the bull run. Now is a time to prepare for buying low. It is not advisable to wait until Crypto is at all time highs. Waiting could mean that you could be making crypto swaps when the exchanges are very busy and thus not efficient or perhaps even able to respond in a timely manner.

I highly recommend using the forward motion of planets turning direct as motivation for you to act in your own best interest.

# Cosmic Crypto Mojo

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED  
A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS

## GET YOUR COSMIC CRYPTO MOJO ON EXPERIENCE THE JOY OF ACTION

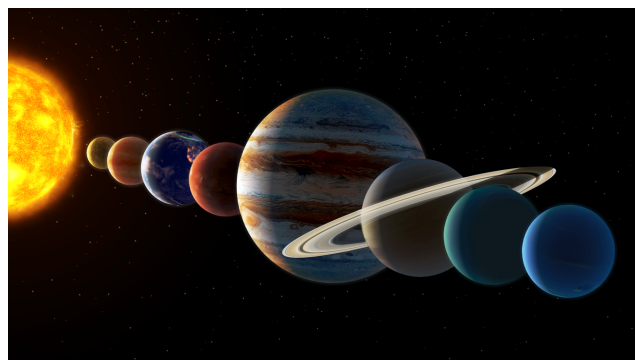
- DO YOU HAVE MEANINGFUL LIFE DECISIONS THAT ARE CALLING TO BE MADE AND ACTED UPON?
- HAVE YOU BEEN HESITATING TO DECIDE AND/OR ACT?
- HAVE YOU BEEN TELLING YOURSELF TO GET YOUR HEAD OUT OF THE SAND AND "JUST DO IT" AND, YET, YOU ARE STILL NOT ACTING?

PERHAPS YOU, FOR SOME UNKNOWN REASON, JUST CAN'T SEEM TO MAKE UP YOUR MIND AND TAKE ACTION.

FROM COSMIC PERSPECTIVE IT MAKES SENSE, AND, FOR COMFORTING RELIEF, I ASSURE YOU A SHIFT IN THE TIDES IS CLOSE AT HAND.

THE ASTRO BACKGROUND: SINCE EARLY JUNE WE HAVE HAD EITHER 5 OR 6 OF THE 10 MAJOR PLANETS OF THE ZODIAC IN RETROGRADE. RETROGRADES INFLUENCE EVERYONE TO BE IN RECONSIDERING MODE. IT MEANS AT LEAST HALF OF EVERYONE'S COSMIC ENERGY FIELD HAS BEEN IN PAUSE AND TAKE STOCK TO RECONSIDER THE BEST COURSE OF ACTION MODE.

TAKE A MINUTE TO MENTALLY SCAN THE STATE OF AFFAIRS IN THE WORLD, NATION LOCAL SCENE, AND OF MOST PERSONAL INTEREST, YOUR LIFE. YOU MOST LIKELY CAN SEE AND/OR FEEL THE EFFECT OF RE-EVALUATION ENERGIES THAT HAVE BEEN SLOWING PROGRESS. THE GOOD NEWS: IN THE MONTH OF OCTOBER 4 OF THE 6 PLANETS TURN DIRECT. WE WILL THUS HAVE 8 OUT OF THE 10 MAJOR HEAVENLY BODIES (80 PERCENT) MOVING FORWARD.



THE COSMIC FORCES AT WORK CAUSING ENDLESS LOG JAMS BEGAN TO CHANGE THIS PAST WEEK ON 10/6 WHEN PLUTO, THE PLANET OF POWER, STARTED MOVING FORWARD. ON THE 10/10 SATURN (DISCIPLINE & STRUCTURE) GOES FORWARD AND THEN ON 10/18 JUPITER (LUCK) AND MERCURY (PLANS AND THINKING) ALSO BEGIN FORWARD MOTION.

ASTRO ALERT: WE CAN EXPECT A HALLOWEEN TREAT -- ENHANCED POSITIVE VIBES FOR MOVING FORWARD IN MATTERS OF POWER: STRUCTURE, LUCK AND STRATEGIC PLANNING. ENJOY.

**#TEAMJILL  
NOW  
HIRING!**