

# Frequency Friday!

Financial Frequency

ELEVATE YOUR FREQUENCY!



***\*\*This is a reminder that your 2023 Florida Annual Report is Now Due. The Filing deadline is May 1, 2023. The late filing penalty is up to \$500 depending on entity type so don't delay!\*\****

The FL Division of Corporation filing fees are as follows:

- For Profit Corporation \$150.00
- Limited Liability Company \$138.75
- Limited Partnerships \$500.00
- Limited Liability Partnership \$25
- Non Profit Corporation \$61.25
- General Partnership \$25.00

Don't delay! Contact us today!

***\*\*\*If you have already filed, please e-mail: Shyann @ Shuggins@d-acpa.com\*\*\****



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*"Prior to being a travel agent I would spend days shopping the best buys, find my dream trip and then call my friend who was an agent to book it. Now as an agent I understand the value of getting the best price for my clients without them spending days searching and calling."*

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954-817-5635

Tina Bunchuk

Vacation Consultant

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ELEVATE YOUR FREQUENCY!

*Check out Jill's trip to Antigua, this can be you!*

"Tina was amazing from start to finish! She helped me to plan a much needed and last minute weekend getaway to Antigua where we stayed at the wonderful, all-inclusive Royalton resort. Tina was able to book us a room with the Diamond Club where we had our very own butler that catered to our every need and helped us to make dining and spa reservations and also helped us plan our excursions. She handled every detail include our flights and car rental and the entire process was so easy and stress free! Highly recommend giving her a call when you are planning your next vacation!"

❤️ *Jill*



[BOOK NOW](#) | 

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Tina Bunchuk

Vacation Consultant



# Vibration 432



*May 4, 2023 is National Firefighters Day and May 6, 2023 is National Nurses Day*

These national days are designed to encourage us to appreciate individuals who are community servants. For many of us the service given to society by firefighters and nurses is typically invisible to us. In thinking about our relationship these unsung heroes I recently conducted a Google search to identify films about people in both professions. Interestingly there is an abundance of films about nurses and not so many about firefighters.

This week I watched a movie about forest fire fighting firefighters called Only the Brave. It was powerful and impactful on my understanding of how very much is required of firefighters to train and also I was reminded how very seriously they put their lives at risk. (This movie is offered on many platforms for rent for \$4.00.) Then, FYI: a powerful movie with a nurse in a leading role is The English Patient.

Obviously watching movies is not going to accomplish anything to change conditions for firefighters and nurses. It may however inspire you to be ready to contribute to programs that support community servants. Stay tuned to our newsletter. We are working on creating ways you can meaningfully join forces with us to do this.

VIBRATION 432

Healing for a Better You

SUPPORT AND RESOURCES FOR THOSE SUFFERING FROM PTSD, ANXIETY OR DEPRESSION

Myself or a Loved  
One is Suffering



Get the help you need

I am a healer. I want  
to join the network



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I want to support the mission  
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Learn More

Vibration 432, Inc, a 501(c) 3 non profit with a mission to heal and improve the lives of those that have experienced trauma, suffering from Post Traumatic Stress, Depression and Anxiety.

DONATE 

 Jill



# Cosmic Crypto Mojo

with Astrologer & Numberologist Hattie Parker, MS,Ed  
a crypto primer: earthbound and celestial news and views

Welcome to a Multi-faceted, Many Subjects Mojo

## *Numerology, Wishes and May 1, 2023*

The numbers of 5/1/2023 in numerology add to the number  $49 \cdot (5 + 1 + 43^* = 49) \cdot * (20 + 23 = 43)$ . Should you wonder why this is notable, I will explain. When arranging a deck of tarot cards in rank order the 49th card in the deck is the 9 of Cups. This card is commonly interpreted as the card associated with wishes coming true.

We have rich tradition of making note of various mundane events connected to making a wish at times that are reputed to be lucky i.e., blowing out birthday candles, seeing a falling star, tossing a coin into a wishing well are but a few examples. I, thus, add to this list the idea that you make wishes on days that add up to the number 49. Thus, if you are so inclined, take advantage of Monday and make a wish. Then further, because it is the start of the month, you can choose to be expansive in your thinking and include the whole month as a time that favors wish fulfillment.

## ***Caveat: Notable Sluggish Astrological Energy on 5/1/2023***

There is further supporting rationale for extending the time to make wishes apply to the whole month not just Monday. On Monday Pluto, the astronomer demoted dwarf planet of power, "stations" (stops) and turns retrograde. When a planet is stationed the energy and domain it influences is sluggish. Thus, a wish is not so likely to have lots or power charged umph on Monday.

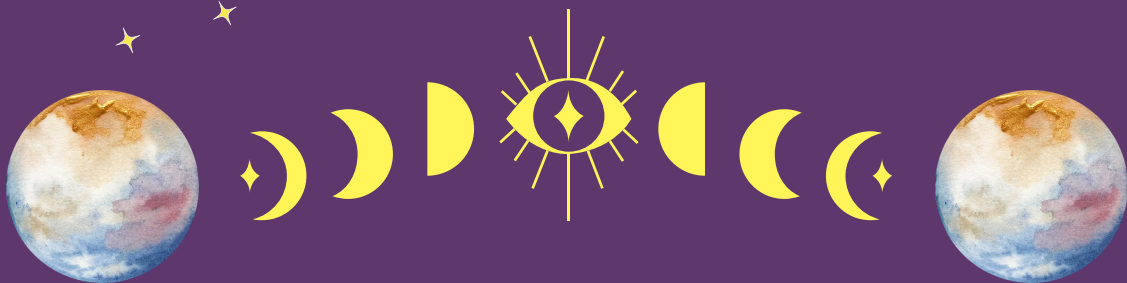
## ***Fun and Interesting Curiosities About Pluto***

As an aside, it has always tickled me that scientists, many of whom insist on thinking that if something does not fit their interpretation logic then it is wrong (i.e. astrology that is based on myths and conjectures about the stars and planets) chose to demote Pluto. In demoting Pluto they seemed to have been wanting to out power the powerful. Well, I would say "Good luck scientists. How did that work out.?"

# Cosmic Crypto Mojo

with Astrologer & Numberologist Hattie Parker, MS,Ed  
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Pluto was demoted in August of 2006. At that time Pluto was in Sagittarius the sign related to matters of religion. Pluto wields power by destroying. It destroys or reveals upsetting content to make room for worldwide, as well as individual, developments that would not otherwise have been possible. Pluto in Sagittarius brought to the world stage awareness of child abuse among priests. The typically very slow to change Catholic Church was forced to make changes. This can certainly be viewed as a power inspired activity. Then, Pluto entered Capricorn. While in Capricorn it can be attributed to have brought us Covid-19. Capricorn is related to government and business. Governments were called into action and the way business is conducted has powerfully changed during Pluto's journey through Capricorn. It appears no one told Pluto it was demoted. And it keeps on keeping on being powerful.



Thus, my caveat (above) is to suggest you start making wishes on Monday and for best results keep on reaffirming your wish throughout the month of May.

Friday, the Week's Ending Astrological Outlook, Portends Intensity

Friday, May 5 there is an eclipsed Full Moon. Find out about this lunar influence in general and how it influences your Sun Sign in particular at <https://www.farmersalmanac.com/flower-moon-horoscopes-may-2023#>. Note: The Farmer's Almanac may seem as if it is a strange source for finding astrological content. However, in fact this farming related journal is a very logical place for astrological content. The very beginning roots of astrology stem from the time when early humans 11,000 to 12,000 years ago who were hunters and gatherers decided to settle and survive by growing their food. These societies became sky watchers to know when to plant and harvest and their very existence depended upon reading the heavens.

# Cultivating Joy

I read something that so aptly framed my philosophy on life and business that I had to share it here:

We can't do it all and do it well, but we can choose to cultivate what matters.

So today I ask you, simply, what matters to you?

And, are you choosing that?

In my coaching practice I listen to women all the time who are still moving through every day trying to prove that they can do it all. They are still stuck in the old paradigm. I get it - so many of us were trained into it. We bought into the idea that in order to have a meaningful life we had to check all the boxes and look really good doing it!

If you haven't learned already, this is a recipe for exhaustion and overwhelm. You can't figure it all out! Trust me, I know. I lived that way for 35 years of my life. There's a reason I call myself a "recovering stress junkie".

Thankfully, along the way I got asked the question, "If you don't want this chaos, what would you choose instead?"

To which I replied, "I just want some peace."

Of course, I didn't create the peaceful life of ease and freedom that I have now in a day. When I answered that question honestly, my life transformation began with this teary declaration.

I heard myself very clearly. I wanted peace and ease. It turns out, I also wanted freedom.

And, my intellect immediately asked, "How?????????"

Change is a process and a practice.

It all begins with deciding what matters most. In the coaching world we call it, "discerning" -- discern what matters most to YOU.

What does it mean to discern? It means to "perceive or recognize something", to "distinguish something with difficulty by sight or other senses."

I hope you notice that this definition doesn't say "figure it out"!

What matters to you is not in your head... it's in your heart.



NANETTE SAYLOR  
CREATIVITY CURATOR + POSSIBILITY PARTNER  
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Today  
I CHOOSE  
joy



I've learned that peace + ease + freedom = Pure JOY! More than anything, I wanted that in my heart.

So today I invite you to try a little exercise. It's simple. It's a start. And don't worry, there's no "right" or "wrong" answer here! (And, it will change, too, as you play with the possibility.)

Make a cup of tea (Vibe 432 teas are perfect for this!) and find a quiet place to sit where you can write. Take out a plain piece of paper and doodle a heart on the page. Inside the heart, write all the things you love (you could draw little symbols for them, too, if you prefer not to write.) When you've added as many as you can think of, reflect on what you see, and choose three that "make your heart sing" and draw a little heart around those.

What did you choose today?

Make a commitment to yourself to add a little more of those things into your life this week.

And, when your thinking mind (aka Inner Critic) wants to tell you, "But...I can't...", respond with "I hear you, Inner Critic, you think I can't, and I know that "Yes, I CAN!". (Are you using the Vibe 432 "Yes, I Can" cards? Message Hattie for more info on those when you're ready.)

I believe you can, too. And so do Hattie and Jill. We're here to help.

Please reach out to ask for what you need.

I couldn't have transformed my life without the support of the wisdomkeepers I came to know. They guided me to choose what mattered, and to this day, they support me to stay committed to those choices.

I am eternally grateful.

I wish for you everything you dream and more!



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