



- BUSINESS TAX DEADLINE IS 9/15
- HAPPY LABOR DAY!
- INTRODUCING SUITE DASH + OUR VERY OWN APP!
- GOOD VIBRATIONS FOR SUCCESS!
- PREPARING FOR MERCURY RETROGRADE + FULL MOON IN PISCES!
- NEW VOLUNTEER OPPORTUNITY-JOIN US AT OUR RETREAT ON 9/24!

Business Tax Deadline is 9/15!

The tax return deadline for S-corporations, Partnerships, Trust & Estate returns for 2021 returns that extensions were filed.. The penalty is \$205/shareholder/month that the return is late so don't delay!



Happy Labor Day!

Wishing you , your family & friends a very Happy, fun-filled and safe Labor Day weekend!

Our office will be closed on Monday, September 5th and will resume normal business hours on Tuesday, September 7th.

Did you know? The 1st Labor Day was celebrated in 1882 and was made a national holiday by President Cleveland Grover in 1894!

Full Moon in Pisces + Mercury in Retrograde!



We are postponing our Frequency Friday Zoom Call until next Friday, September 9th @ 3 PM due to the holiday weekend and also next Friday is energetically awesome as it is a Full Moon in Pisces and Mercury goes into Retrograde! I am looking forward to seeing you next Friday on Zoom for our session - we are reserving this one hour space for you to come as you are and Ask Us Anything! [CLICK HERE](#) to register today!

Coming Soon!

We are very excited to introduce our clients to Suite Dash! We are in the process of building our very own App that you will be able to download so that you will have your very own Client Portal where you will have access to all of your tax returns, tax documents, financials, etc! We are working out all of the kinks now so if you happen to receive an e-mail from the system - we want you to know that it is legitimate and you should set up your password so when we are ready to go live in a couple of weeks you will be ready!

SUITE DASH
all-in-one business software



Nanette Saylor

www.wisewellwomen.com
createwithnanette.com

Good Vibrations for Success!

Every week I send out an email reminder, what I like to call a gentle nudge, to anyone in my community who requests support around weekly intention setting. (If you'd like to be added, see the instructions at the bottom of this post.)

Some members are building businesses, some are teaching, some are creating art, and some are transitioning into new adventures, the details of which are yet unknown. All are learning and growing, inspiring themselves to be the very best they can be.

This week I was encouraged to share my morning ritual of affirmative reading. This self-care practice is always enlightening and it's an integral part of Creative Visualization.

Today's message came from "Ask and It Is Given" by Esther & Jerry Hicks, all about the art of manifesting. I opened to this reminder:

"When your desire feels so big that it feels unreachable, it is not on the verge of manifestation. When your desire feels to you like it is the next logical step, then it is on the verge of manifestation."

So, today I ask... how do you feel?

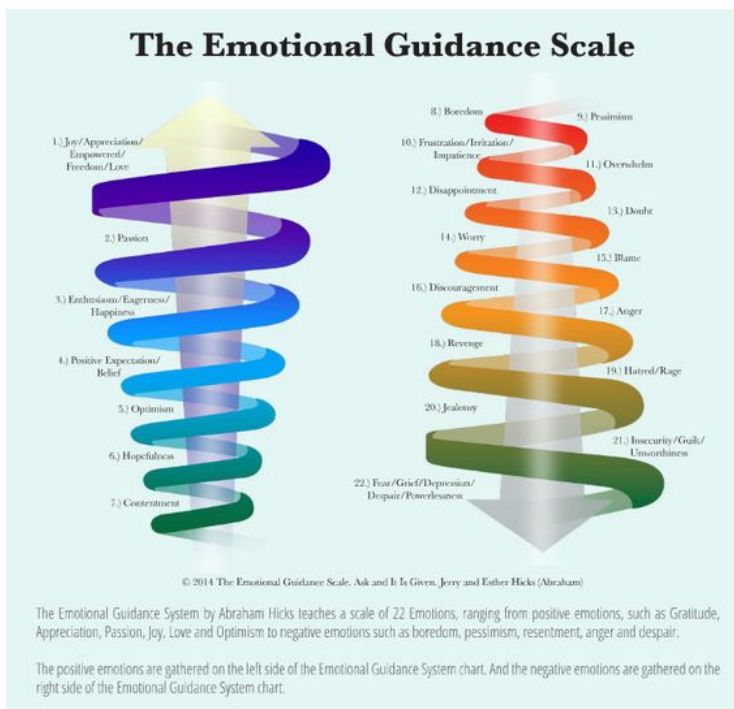
The entire basis of the creative visualization process, and my personal creativity coaching philosophy, is that you can't, and won't, step into your greatness until you have built confidence in your ability to arrive at this new height, and maintain it, too. With practice, little by little, step by step, you move closer to seeing and feeling that possibility for yourself.

There is a progression to the process. One baby step at a time you gain the confidence to step up.

In the language of Esther & Jerry Hicks:

"You can tell by the way you feel whether your vibration is in the place where you are allowing Universal Forces to deliver our desire to you now... or not."

Releasing resistance is the key to raising what Esther & Jerry Hicks call your Emotional Set-Point. And your Emotional Set-point determines your alignment with Source and therefore influences your ability to attract what you desire.



The 22 point scale of emotions named in this process range from a high of joy/knowledge/empowerment/freedom/love/appreciation to a low of fear/grief/depression/despair/powerlessness, with anger, disappointment and boredom falling in the mid-range. (You'll find the complete list and description of this Emotional Guidance Scale in Chapter 22, page 113 of the book Ask and It Is Given: Learning to Manifest Your Desires.)

Throughout your life, you will continually flow through the experience of a full range of emotions, no matter how evolved you become. Through awareness and practice, you can learn to adjust your set point consciously and deliberately with your thoughts and actions.

So, to begin, you simply provide attention to your feelings and thoughts. When you feel fear, you first identify it for what it is, then consciously choose something else to focus on. You choose to shift your thoughts and evaluate whether that new thought makes you feel better. Shifting your thoughts might be accomplished by playing some uplifting music, reciting an affirmation, using rituals, or simply stepping out into the sunshine.

(continued next page)

Our willingness to be conscious of your thoughts and to make a shift is the releasing of resistance. You cannot feel fear and another emotion at the same time. So even if your next thought is one of anger, you have raised your set point. It's important to note that the intention is not to miraculously shift your emotions from the lowest point of fear to the highest of pure joy. In fact, that would not be the next logical step, would it? The key is to acknowledge that any shift in thinking has the potential to make you feel better.

According to Esther and Jerry Hicks, this process is simply an act of remembering that you are an extension of Source Energy in physical form. Therefore, by choosing conscious thoughts you are remembering things that you have always known. You remember that you have Inner Wisdom that will act as your internal GPS if you allow it. You remember that the better you feel the more aligned you are with your true self.

You remember there is nothing you cannot be, do or have.

You remember that your possibilities are limitless.

From this new place of awareness, you step up to experience the power to change your state of being.

So, here's where you can tie the practice of rituals—things like creating and using a Vision Board -- to the practice of intention setting to create vibrational alignment. This energetic vibrational alignment serves to attract to you the things and the experiences you desire. Simply put, you are creating good vibrations!

So to get you started, find a recording of "Good Vibrations" on YouTube and give it a listen.

Next, use the questions below to set your intentions for the week, and share your responses with someone who will hold them in trust.

What do I want to celebrate as my accomplishments from the previous week? Raise your vibration and start with the good stuff!

What am I grateful for today?

What needs my attention this week? What is the most important thing I must do for myself personally, and the most important thing I must do for my business?

Answer the question: How Can I? What specific actions will I take this week to get those important things done? And then what can I do to support my biggest vision?

Lastly, what would make me feel accomplished at week's end?

Take a moment to reflect on your responses with grace and ease. Do your best to release any self-judgment.

I make myself available in service to this community and am honored to receive this check-in to hold your powerful intentions through a free weekly email reminder. Simply reply to this email to get added to the list.

Remember, you are shifting your set-point here. You receive what you ask for.

I wish for you everything you dream – and more!





Now is the perfect time. This date, September 24th, turns out to be the perfect evening for our visioning activation. It's the eve of a coming New Moon, a time in the lunar cycle well known for signifying new beginnings. We'll supply everything you need to create. You bring your positive energy and your intentions.

If you'd like to experience an opportunity to capture your dreams and make them real, please consider joining us on September 24th, 6:30p - 9:30p for a New Moon Inspired Ideas + Vision Board Party. Gift yourself this chance to bring your hidden ideas and dreams to life with the support of an experienced guide and a small group of like-minded, supportive conscious creators. We ask you to bring your willingness to let go of any "I can't create" resistance, and we'll provide everything you need to create a vision of your deepest desires that will lead you powerfully into the Fall and Winter seasons. Reply to this email to get more information and to register.

So, if you are feeling an energetic pull forward so many have described to me recently, I hope you'll join us. We have limited capacity - 16 participants maximum.

To RSVP, simply reply to this email and let us know you want us to hold a spot or message me directly at nanette@wisewellwomen.com. We'll send you all the details. Your investment is \$44 per person, \$20 covers the cost of supplies and \$24 goes to the non-profit Vibration432.

See you soon!



P.S. The practice of Creative Visualization invites us to dream big and to gain focus and clarity. Creating a Vision Board can be a powerful manifestation tool when you come to the guided practice with others who share an intention to raise their vibration, too.

Please consider joining us on September 24th, in-person, in Lake Worth, at an Airbnb oasis, from 6:30p - 9:30p. This is a small group gathering, limited to 16 people or less. Your contribution of \$44 will cover the cost of materials and support Jill's non-profit, Vibration 432. Reply to this email to let us know you are interested and we'll send you all the details.

Cosmic Crypto Mojo

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED



Preparing for Mercury Retrograde: 9/9 – 10/2/2022 A Time to Reflect on What the World (and YOU) Need Now

On Finding Good News in the Signs and Symbols of the Heavens

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The following are dates relevant to attuning with positive vibes in the cosmos

From September 9* to September 23, Mercury retrograde will be in Libra and will be about re-evaluating what it means to be balanced in life.

- September 9 is a Pisces Full Moon known the Harvest Moon. Pisces is the most optimistic of signs. It is a perfect time to gain new clarity and manifest what you need to find more balance in your life.

from September 23 to October 2, Mercury will be in Virgo and will thus support taking care of details to make new balance sustainable.

Currently we are in the pre-retrograde Mercury shadow which began on August 22 and is also in Libra. Thus, there is no need to wait to seek guidance from the heavens about how you can find new balance in life. Start now and call on the power of the Universe to grant you profound clarity and helpful details by October 2.

CHANGE IN OUR PLANS NOTICE: Because 9/9 is such an auspicious day and as Friday September 2 is the beginning of Labor Day Weekend, the Jill, Nanette and Hattie FREE Zoom Ask Us Anything Call will be postponed until 9/9 at 3:00 PM.

At that time we will be prepared to be sharing details about the Full Moon and the Mercury Retrograde and how they specifically influence your chart. We hope you will join us.

Speaking of Making Changes to Create More Balance in Life (World)

The following video is a powerful example of people "walking their talk"

No more "Bluebirds of Happiness" [CLICK HERE TO WATCH!](#)

Want to Walk Your Talk About Making a Difference: Join us - See next Page for invite & details!



Cosmic Crypto Mojo

On the evening of 9/24/2022 there will be a New Moon Inspired Idea + Vision Party p (see the post from Nanette Saylor on Page 3). You are welcome to attend one or both events.

For details, visit HattieParker.com/VIBE or call Hattie @ 732-859-2134

**September 24, 2022,
10 AM -3:30 PM**

At a lovely retreat environment
in Lake Worth, FL


An opportunity to
**MAKE A
DIFFERENCE**



VIBE: 432* Pilot Program Volunteer Training

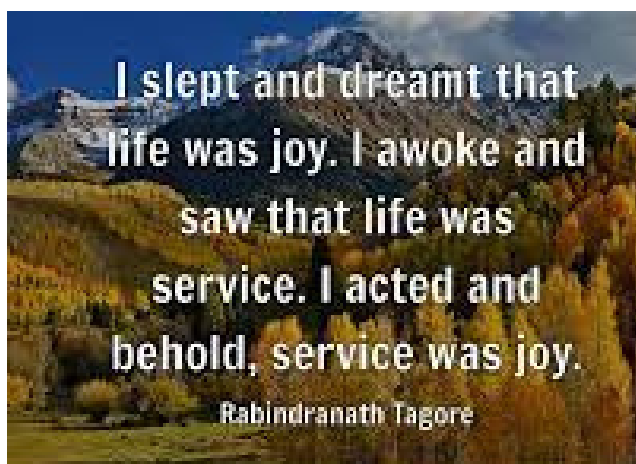
**Very Important Brain Energetics*

Donation: \$50.00 for materials and lunch

A \$250 - 400 value underwritten by Vibration 432, Inc

The Pilot 6 Week Time Investment: A fun workshop 5.5 hours, 5-10 minutes daily to practice VIBE: 432, follow-up feedback meetings in person &/or Zoom 1 - 2 hours

Our commitment: *You will get as much as you give*



Mojo Notes From Hattie Parker: Unfinished Commentary from Past

A couple of weeks ago my newsletter article said it was going to articulate how Vibration 432, the name Jill has chosen for her philanthropic organization, related to yoga. In the editing process the quote from a yoga professional was inadvertently left out. Thus, in the interest of being true to my world here is the section repeated and completed.



Vibration 432 and Yoga Connections

As Yoga is so very popular in our culture, you may actually have a working knowledge of Vibration 432 frequency as it is the same tone as the sound of OM that is so popularly used in yoga. I, having taken yoga for decades, have chanted and been aware through my direct experience of the calming properties of this chant for a very long time. However, I was not aware of the sound's scientifically assigned power until recently. The following is a rather technical description of OM.

OM—The Sound that Sustains the Universe

The mantra OM (Aum) represents the substratum of creative sound that sustains the Universe. Just as the Big Bang Theory of modern physics teaches that the entire Universe arises from a single timeless, spaceless point, the Vedas (ancient Hindu scriptures) teach that the Universe arises from a single sound. This primal, cosmic sound is the mantra OM.

At a spiritual level, OM serves to open and clear the mind for meditation and attunes us with our Real Nature, revealing the Supreme Freedom that we are. It brings about an ascension and expansion of energy. OM allows us to harmonize with the forces of the Universe externally and with our own nature internally. It attunes us to Cosmic Consciousness and the sacred vibratory patterns that arise from it.

(<https://hridaya-yoga.com>)