

Frequency Friday

WEEKLY TIPS FOR YOUR WELL BEING

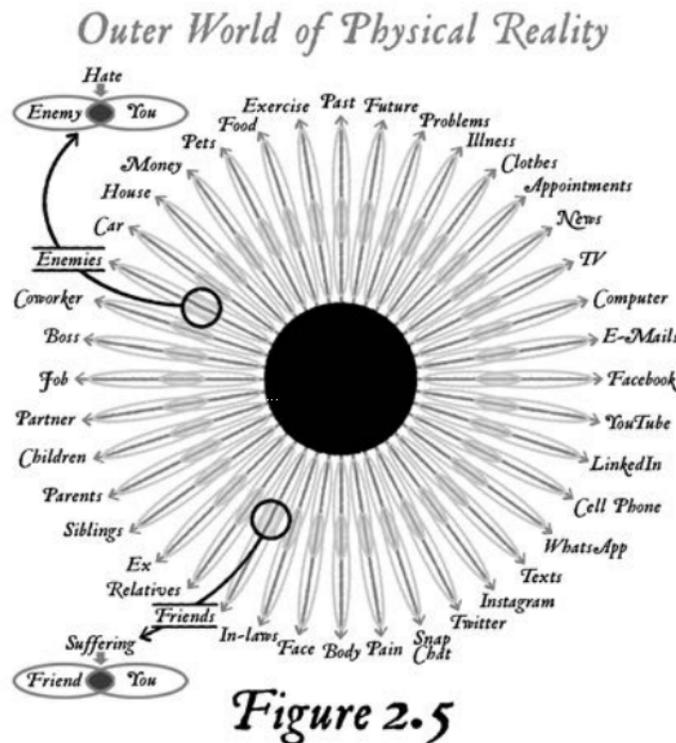
This week I would like to dedicate my article to sharing two amazing resources with you. I am currently reading "Becoming Supernatural- How Common People Are Doing the Uncommon" By Dr. Joe Dispenza. I am only on Chapter 2, but I am loving the concepts. This chapter was about how emotion is energy in motion, and where you put your attention your energy flows. I felt this diagram below really demonstrated this well and helped me realize that I need to be focusing my energy and attention on my desired results. On the same topic I also found a very helpful Tony Robbins article with tips on how to FOCUS. Both are linked below for you to help you become a better leader.

The leader must know their goals and spend the appropriate time to plan how to achieve the goals. But, focus is the most important component in achieving the goals.

WHERE YOU PLACE YOUR ATTENTION IS WHERE YOU PLACE YOUR ENERGY

Every person, object, thing, place, or situation in our familiar physical reality has a neurological network assigned to it in our brain and an emotional component connected to it because we've experienced all these things. This is how our energy becomes bonded to our past-present reality. Therefore, as you place your attention on all these elements, your energy is flowing away from you and it leaves little energy in your inner world of thoughts and feelings to create something new in your life.

If you look at the magnified portions of the figure where the two ovals intersect, these represent how we use different elements in our outer world to reaffirm our emotional addiction. You may use your friends to reaffirm your addiction to suffering, you may use your enemies to reaffirm your addiction to hatred. It begs the question, *How much of your creative energy could you be using to design a new destiny?*



Do you want to achieve extraordinary results and fulfillment in your work, career or mission? If so, you need to get laser focused on what it is you really want and create a crystal clear vision of where you want to go.

As Tony Robbins says, energy flows where attention goes. To get what you really want in life, you need a clear goal that has purpose and meaning behind it. Once this is in place, you can focus your energy on the goal and become obsessive about it. When you learn how to focus your energy, amazing things happen. You get insights that weren't available to you before. You run into people who seem magically put in your path to help you. You overhear conversations or stumble upon resources that further your plan. That's the secret of how energy flows where attention goes.

FOR MORE CLICK HERE

[Becoming Supernatural-How Common People Are Doing the Uncommon By Dr. Joe Dispenza](#)

[For More CLICK HERE](#)

Business Spotlight

SOUTH TRACE INTERIORS



This week we would like to highlight SOUTH TRACE INTERIORS. At South Trace Interiors, designer Taylor Wilson, will go the extra mile to create a beautiful and functional space for her clients.

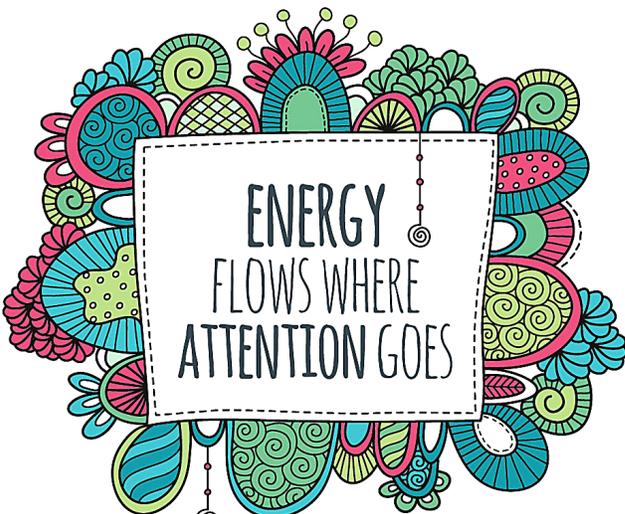
Taylor's personal design aesthetic is "Modern Organic" which is modern form with organic material and texture wherever possible. She loves warm tones, natural stones, mixed woods and clean-lined furniture.

Her top 3 work values include:

1. Quality over quantity
2. Timeless design
3. Aligning herself with clients who share a similar vision of creating a beautiful space

[Click here to view more SOUTH TRACE INTERIORS projects](#)

POSITIVE AFFIRMATIONS



MY FOCUS DETERMINES
MY REALITY. I'M IN
CONTROL.

*I am a magnet for
positive energy*

AS I FOCUS MY
ENERGY & ATTENTION
ON FEELING GOOD
I AM ATTRACTING
MORE GOODNESS

I AM
FOCUSING
MY THOUGHTS
WORDS & ACTIONS
ON MY DESIRED
OUTCOME

Important Deadlines



JUNE 15TH

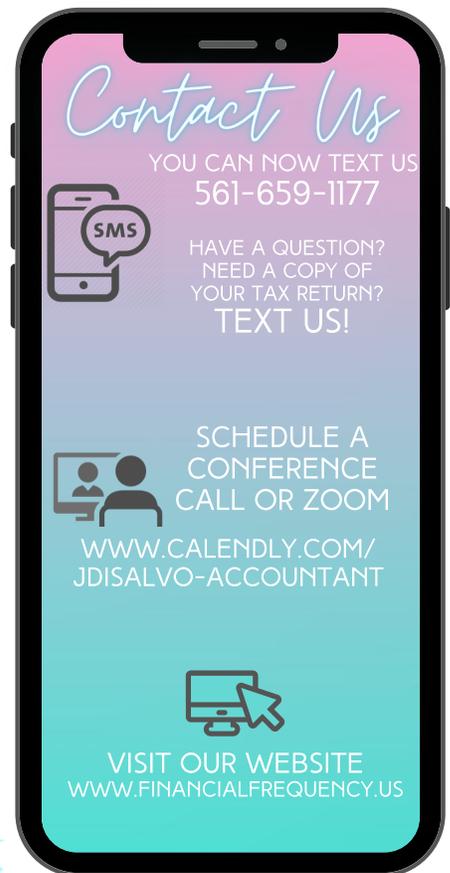
- 2nd 1040-ES Estimated tax payment due for 2021

SEPTEMBER 15TH

- Extension deadline for Partnership & S-Corporation Tax Returns

OCTOBER 15TH

- Extension deadline for Corporate & Personal Tax Returns



Tax Talk!

IRS Refunds:

The IRS has announced that refunds are being delayed and to check [IRS.gov/refunds](https://www.irs.gov/refunds) for updates. The IRS has stated that it could take 10-12 weeks for refunds to be processed.

Tax Refund Adjustments:

If you receive a reduced refund it may be due to an adjustment due to Round 1 and/or 2 of your Economic Impact Payments reported on your tax return. You should check your bank account to confirm amount actually received for these payments.

Advanced Child Tax Credit Payments:

The American Rescue Plan Act (ARPA) of 2021 expands the Child Tax Credit (CTC) for tax year 2021 only. The expanded credit means:

- The credit amounts will increase for many taxpayers.
- The credit will include children who turn age 17 in 2021.
- Taxpayers may receive part of their credit in 2021 before filing their 2021 tax return.

For tax year 2021, families claiming the CTC will receive up to \$3,000 per qualifying child between the ages of 6 and 17 at the end of 2021. They will receive \$3,600 per qualifying child under age 6 at the end of 2021.

The increased amounts are reduced (phased out), for incomes over \$150,000 for married taxpayers filing a joint return and qualifying widows or widowers, \$112,500 for heads of household, and \$75,000 for all other taxpayers.

*****Details coming soon regarding how to receive this credit starting in July 2021.*****

Get Your Cosmic Mojo On

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED

INTRODUCING A NEW FINANCIAL TECHNOLOGY WRINKLE TO THIS WEEKLY COLUMN

Have you ever attributed some nice event in your life, such as meeting the love of your life, as being triggered by activities in the heavens? You might have said or been told, "It was written in the stars."

As an astrologer I live life firmly convinced that everyday events are, in fact, powerfully influenced by the stars. I feel blessed that Jill has made it possible for me to have forum to communicate about this topic as it relates to both business and life. And, if you have wondered why Jill would have included a column about astrological events in her professional newsletter I would like to explain about both this and also why I now am migrating the column to focus on "Cosmic Crypto".

In 2020 Saturn, the disciplinarian planet, hooked up with Pluto, the great destroyer and transformer. The conjunction (joining) of these two planets brought us Covid. We were forced to make changes. Most of us, being true to usual human form did our best to adjust and also anticipated we would soon get back to normal. It may now feel as if we are on a path back to normal. The media and the politicians talk about these times in this way. However, I want you to focus your attention on the operative word I used for Pluto – "destroyer".

In my worldview there is no getting back to normal because what normal was has been destroyed. When describing Pluto I often liken it to being like a forest fire that destroys and makes the land available for new growth that wasn't previously possible. Thus, we now live in times when to be positively proactive means we need to focus on what is now newly possible.

Cryptocurrency was started with the birth of Bitcoin in 2009. That is 12 years ago. Jupiter, the planet of abundance and luck takes 12 years to orbit the Sun. Thus in 2021 we started a new Jupiter (abundance) cycle. I guarantee you that by the end of this next 12 years everyone on the planet will be using cryptocurrency. It will become the new normal. People who invest now will be significantly rewarded. Jill being a caring and savvy financial advisor thus is totally on target to serve your highest and best good to be encouraging you learn about new trends in the financial world.



In an effort to stay up to date with changing trends I attended the largest ever Bitcoin Conference in Miami June 4 and 5. I look forward to sharing more about what I learned in coming newsletters. Despite that it was a very costly venture to attend I am very glad I did. To your advantage, you can glean much about the information imparted for FREE. The stage presentations were recorded and can be accessed on YouTube. I encourage you to check them out and I look forward to contributing to your Crypto Literacy in coming newsletters.

As previously mentioned if you have questions about Crypto that you want answered e-mail Jill. Additionally if you would like to consult me about how your life purpose relates to the emerging cryptocurrency trends contact me at Hattie@hattieparker.com.