



- YEAR END TAX PLANNING TIPS & APPOINTMENTS NOW AVAILABLE
- NEW 1099 REPORTING CHANGES FOR 2022
- TRANSFORMING TRAUMA - WORKSHOP 10/21-10/23
- FREQUENCY 432 HEALING & WELLNESS EXPO VENDOR LIST - DON'T MISS THIS UNIQUE EVENT!
- DON'T WORRY BE MINDFUL
- HATTIE ON NUMEROLOGY VS. ANGEL NUMBERS

Year End Tax Planning

Now is the perfect time for year-end tax planning before the holiday season is upon us.

To schedule your individual tax planning session, [CLICK HERE](#)

For a Business tax planning session, [CLICK HERE](#)



Here are some year end tax saving tips for your business:

- Review your reports - how was your year financially? Making sure that your books are up to date and accurate can save you major headaches and potential tax dollars if your financials are misstated
- Defer Income - Most businesses are on a cash basis - what does that mean? Payments that you receive from your customers and deposit into the bank are counted as income in 2020 unless you hold off on invoicing & collecting until 2021
- Accelerate Expenses - Now is the time to spend money on items your business needs so that you can maximize your deductions - do you need any new office furniture, equipment or computer hardware & software? Now may be the time to make those purchases or prepay January's expenses!
- Vehicle Purchase - Are you in the market for a new vehicle? The new law that was passed in 2019 gives business owners accelerated depreciation on vehicles placed in service after 12/31/19 for business use. Depending on the vehicle and Gross Vehicle Weight, this could mean bonus depreciation of \$18,100 or potentially 100% of the purchase price of the qualifying vehicle if over 6,000 pounds.
- Fund your retirement plan or start one if you do not have one! The deadline is 12/31 but there is little time to spare if you would like to set a new plan up for your business.
- Pay yourself a year-end bonus! To make sure that you can maximize the new Qualified Business Income Deduction you will need to pay yourself enough salary to make sure you take advantage of this new deduction.
- Purchase New Equipment: If you need new machinery, equipment or computers, the purchase price is 100% deductible of the cost of new and used capital assets if made prior to 12/31
- Review your Business Auto Mileage: The business mileage deduction is 57.5 cents per mile driven for business this year
- Hosting a Staff Holiday Party? Pay yourself rent from your business for using your home for business-take the deduction and exclude the income personally!
- Work from home or have a home office for your business? Consider doing a self-rental of your home!
- Do your kids help you in your business either with janitorial tasks around the house, administrative tasks or with your social media? Find out ways to pay them to lower your tax bill!



2022 Form 1099 Changes

Starting the 2022 tax year, the IRS will require reporting of payment transactions for goods and services sold that meets or exceeds \$600 in a calendar year. Anyone who receives at least \$600 in payments for goods and services through Venmo, or any other payment app, can expect to receive a Form 1099-K.

When sending money on Paypal, Venmo, Zelle or Cash app, users can choose to tag a payment as being for "goods and services". Each platform is doing things a little different so click on the icons below for their specific procedures and FAQ's.



Each platform should have a way to tag transactions either as goods & services or peer to peer transactions.



Our understanding is that these platforms will automatically be sending 1099-K forms to eligible vendors that you pay over a total of \$600 throughout the year.



Don't Worry be Mindful

Excerpt from "The Opposite of Namaste"
-By Timber Hawkeye



We worry about our appearance, deadlines, quicksand, shark attacks, killer spiders, and muggings. It makes me think of the quote by Mark Twain: "I have lived through some terrible things in my life; some of them actually happened."

While I don't know if we can ever completely stop worrying, we can learn to let go of our worries as soon as they come up. Mindfulness is not only the gap between impulse and action, it can also be a gap between thoughts. When you worry that you may have forgotten to lock the door when you left the house, that thought doesn't need to spiral to concern that you will be robbed of all your belongings and the insurance company will deny your claim because there was no sign of a break in; or that you will end up bankrupt, homeless and alone. One thought does not need to start an avalanche.

We've grown so uncomfortable with the unknown that we worry about worst case scenarios. We spend so much time and energy entertaining delusions until we have no energy with which to enjoy the present moment. We basically rob ourselves of our own joy. When our mind is focused on anything but the present moment, we run the risk of getting stuck in the past or worrying about the future. And when we believe negative thoughts as if they were real, we actually feed our unreasonable fears and growing anxiety.

Even if you meditate for only five minutes a day, the benefit will impact other parts of your life. For example, when you start having negative thoughts, you catch yourself the way you do during meditation, and bring your awareness back to the present moment. IT's like a steering wheel for your state of mind.

I could have said, "Don't Worry, Be Happy" but then you'd ask, "How?" Well, I think we do it by choosing where to focus our thoughts. As Carlos Castaneda said, "We can make ourselves happy or miserable; the amount of work is the same."



Limited Edition - Hurricane Ian Relief



Fort Myers, Florida was the birthplace of MANG. It's natural beauty is what inspired the MANG bros to pursue their dream of working to protect mangrove ecosystems. The design features the iconic Sanibel Lighthouse standing proud amidst the oncoming storm surge. While the sleeve shows how truly #floridastrong we can be when the community comes together to rebuild.

All profits will be donated directly to relief efforts! CLICK HERE to order yours today!



Hosted by Terri Cooper Space



Transforming Trauma | a mind-body resilience training

This event combines the talents and gifts of two of my favorite clients and people - Terri Cooper Space and Jen Sloan
Transforming Trauma: Discover the connection between your brain, body and behavior.

Understand the personal and collective impacts of trauma, and how to utilize mind-body practices to build resilience.

October 21-23, 2022

Friday 6-9pm

Saturday 12-1:30 pm (yoga practice) + 2:30-7:30 (lecture)

Sunday 12- 5:30pm

**Om Shanti Yoga
1620 US-1 South, Suite 10, Tequesta, FL**

[BOOK NOW](#)

Transforming Trauma is a powerful course for anyone ready to understand the connection between our brain, body and behavior.

This program is designed to give you multiple personal insights around your own history, to develop a deeper understanding of your loved ones, and to inspire you to create connections across communities.

You will:

- Understand your own trauma, connect the dots between what you have experienced and how it still affects you today.
- Learn how to self-regulate gain the skills to calm the nervous system through mindfulness practices.
- Discover how the mind/body responds to trauma.
- Identify how trauma impacts behavior and learning.
- Understand why mind / body practices work to help deal with the symptoms of trauma and how different types of trauma impact people differently.
- Transform your inner stories.
- Embodiment resilience together.
- When we know better, we do better.

Tuition - \$389



Financial Frequency
Abundance Affirmation
Cards Now Available!

I am so excited to announce that our Financial Frequency Abundance Affirmation Cards are now available for purchase! There is one card to pull per day of the month to give you positive motivation & inspiration! Only \$25/set! Makes the perfect gift!

E-mail me today!
jdisalvo@d-acpa.com

SUITE DASH
all-in-one business software

Coming Soon!

We are very excited to introduce our clients to Suite Dash! We are in the process of building our very own App that you will be able to download so that you will have your very own Client Portal where you will have access to all of your tax returns, tax documents, financials, etc! We are working out all of the kinks now so if you happen to receive an e-mail from the system - we want you to know that it is legitimate and you should set up your password so when we are ready to go live in a couple of weeks you will be ready!



Unique Shopping Experiences:

Looking for the perfect holiday gifts this year? Check out these vendors including crystals, gemstones, self care products with reiki energy, bathing suits, chakra teas, hydroponic gardening, nutritional supplements and unique jewelry! Looking for eco friendly, organic makeup and skin care?

1. Ruby's Healing Crystals
2. Eco Swim Co
3. Neumi
4. Tea 4 Chi
5. Living Towers
6. Exclusive Designs by Eva
7. Calm Mind & Body Store
8. Live Green Beautifully
9. Meridian Trading Company

Other Cool Vendors - Physical & Financial

Looking for a business consultant, accountant or coach? Looking for ways to invest your money & plan for retirement? Have aging parents and need help with medicare planning? Looking to get physically fit or learn self defense?

1. Financial Frequency
2. The Area on Aging
3. Sure Fire Financial
4. Reckless Training
5. Tactics Elite
6. Shyann's Pet Service

Vendor List

This year's expo is attracting some of Palm Beach County's finest and most talented practitioners! We are adding vendors on a daily basis and am so grateful for the vendors that have signed up so far! Here is a current list:

Metaphysical & Holistic Practitioners:

Curious about learning more about yourself? Want to see your aura? have an angel reading? Have your tarot cards read or gemstone reading? Would you like to learn about the healing powers of salt therapy? Looking to learn a self assessment tool to help guide you through your day? Interested in hypnotherapy? Would you like to learn more about meditation & yoga? Craving creative expression?

1. Hearts in Heaven
2. Spiritual Journey
3. Spirit Aura
4. VIBE 432
5. Hattie Parker
6. The Salt Suite PBC
7. Vibration 432
8. Cassi Eubanks
9. Sofusion Yoga
10. Shay's Holistic Spa
11. Transformative Coaching
12. Infrared Sauna & Wellness Spa
13. Soham Yoga
14. Angel Intuitive Reader
15. Wise Well Women
16. Thermae Retreat
17. Atha Yoga Shala
18. Omie Spirit

Rsvp

Yummy Refreshments will be available onsite:

1. Street Foodz Food Truck
2. Boozie Bluebell

Cosmic Crypto Mojo

WITH ASTROLOGER & NUMEROLOGIST HATTIE PARKER, MS,ED



Get Your Cosmic Mojo On

Doubled or Tripled Numbers: Math and Metaphysics

Do you frequently notice doubled or tripled numbers 22, 55, 333, 777, 11:11 etc.? The Science of Numerology can be referenced to learn about how you can use this awareness to your particular advantage.

Numerology vs. Angel Numbers

I am aware that many people when they see multiple repeating numbers head for websites that describe angel numbers. As a practitioner of Numerology I turn to the ancient and profound wisdom of this system that designates doubled numbers as "Master Numbers."

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These unique numbers are believed to be higher vibrations of the number derived when adding the digits together. Thus, for example, 11 is a higher vibration of 2, 66 is a higher vibration of 3 and 333 is a higher vibration of 9. NOTE: Today Friday 10/14/2022 is a 66/3 day, (2022 = 20 + 22 = 42; 10 + 14 + 42 = 66 = 6 + 6 = 3). Below I will give some individualized details about the meaning of the numbers. However first, let's keep it very simple. An easy and truly uplifting way to approach this matter is to have a default response summed up in the statement:

"The Universe has a higher order. Everything is fine. I am being reminded -- I am blessed."

As this process so very positive, I consciously go out of my way to apply it to every and all situations I can find to discover multiple repeating numbers. This includes adding up calendar dates, birthdays, telephone numbers, house numbers, phone numbers posted on bill boards and car license plates. When engaging in this way it is possible to turn even a short drive into a celebration of the goodness of life!

Numerology and the Meaning of Master Numbers

Note that the meaning incorporates the meaning of the numbers in the double set.

- # 55/1: Courage, mastered by trusting in your ability to be wise.
- #11/2 Patience, mastered by trusting in your ability to be courageous.
- #66/3: Optimism mastered by trusting in your ability to be caring and self-accepting.
- #22/4: Stability mastered by trusting in your ability to be patient.
- #77/5: Wisdom mastered by trusting in your ability to be focused.
- #33/6: Confidence mastered by trusting in your ability to be optimistic.
- #88/7: Focus mastered by trusting in your ability to be determined.
- #44/8: Determination mastered by trusting your ability to be stable.
- #99/9: Trust mastered by trusting in your ability to have faith.

Numerology Applied to Triple Digit Repeating Numbers

Triple digit repeating numbers are interesting.

When the digits are added they result in a sum that is a 3, 6, or 9 as follows:

111 = 3, 444 = 12 = 1 + 2 = 3, 777 = 21 = 2 + 1 = 3
222 = 6, 555 = 15 = 1 + 5 = 6, 888 = 24 = 2 + 4 = 6
333 = 9, 666 = 18 = 1 + 8 = 9, 999 = 27 = 2 + 7 = 9

#3 = Optimism, #6 Confidence, #9 Trust.

Given we can never have too much of these 3 qualities I believe the numbers speak for themselves. Enjoy!

