

ELEVATE YOUR VIBRATION

Frequency

432

VIBE 432*

*Victory Through
Insight and Breakthrough Energy*

VIBE 432 is a project of Vibration 432, Inc.
a nonprofit organization committed to supporting
healing and the well being of people, including first
responders and teens, who suffer from the effects
of trauma and/or depression.

Learn more at: www.vibration432.com

*** 4 + 3 + 2 = 9**

**9 is the number of being
complete and whole**

**Visions & Victory
January 2023**

Discover Your Strengths & Challenges

- 1 COURAGE
INTENTION
- 2 PATIENCE
BALANCE
- 3 HOPE
OPTIMISM
- 4 STABILITY
INNER TRUST
- 5 ADVENTURE
WISDOM
- 6 CONFIDENCE
CARING
- 7 WILL
FOCUS
- 8 DETERMINATION
ACTION
- 9 FAITH
TRUST

Happy Frequency Friday!

VISIONS & VICTORY CHALLENGE

Join us this January 2023!

V for Very Unusual Victory and Visionary Vitality In 2023

Introduction: In Pursuit of a Very Unusual Victory

The bottom line of this article is to invite our dear readers to partner with us and most importantly the Universe in the early days of in 2023 to engage in a Visionary Victory 22 Day Challenge.

Read on to learn more about how the unique Cosmic underpinnings of the times favor this potentially profoundly life changing activity at this time in our lives.

The Astrology of the Very Unusual

On Wednesday, December 7 there was a Full Moon. It was conjunct (placed in the same part of the Universe) as the current retrograding Mars. This placement of Mars, that is transiting in the air sign Gemini, lasts an unusually long time (mid -August through mid March). This long transit indicates the Universe is basically giving everyone in human race plenty of time to assess how he, she or they want to assert themselves in the pursuit of finding personal satisfaction and victory. The bad news is that there is plenty of bad news about war and aggression. The good news is that it makes for favorable conditions this upcoming New Year for individuals to be figuring out what being assertive in pursuit of being victorious in navigating 2023. (see page 2 for details!)

Cosmic Crypto Mojo

WITH ASTROLOGER & NUMEROLOGIST HATTIE PARKER, MS,ED
A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS

Get Your Cosmic Mojo On

Question: What would it look and feel like for you to be personally victorious in 2023?

The Numerology of Victory: The Case for Taking the Promise of this New Year Seriously

If you personally work with Jill DiSalvo or regularly read this newsletter you know Jill's founded a nonprofit organization is called Vibration 432, Inc. She created it to help people suffering from the severe effects of depression find healing. Vibration 432 hertz, in the realm of ambient sound music, is the energy of love and healing.

Consistent to with the theme of healing one of the projects being developed under the umbrella of the organization is VIBE 432: Victory Through Insight and Breakthrough Energy. Thus, note the letter V stands for Victory.

The letter V is the 22nd letter of the alphabet. In numerology #22 is the master number of 4. An interesting and highly desirable attribute of the numerology of #4 is that it is the number associated with wishes coming true. Carrying this train of thinking out further:

W = Wishes,
V V = VV a W for wishes,
 $2 + 2 = 4$ the number of wishes,
 $22 + 22 = 44$,
44 = relates to unexpected results
 $4 + 4 = 8$
8 is the number of tangible/material success.

Wishes and Subtle and Potential Realities of New Year's Resolutions

As a student of human behavior I have observed that quite often New Year's resolutions, if they were to be framed accurately, would be conceived of quite differently than the common and typical take on them. In my view they might be more accurately described as wishes that something desired will magically come true rather than true commitments to engage in the discipline needed to do everything required to produce desired results. (And for the sake of full disclosure, I will say I am fully aware I have quite frequently been the author of this kind of "resolution. For example: my yearly passing wish that my desire to eat fattening foods will simply disappear and the weight will magically fall off.)

I suspect everyone will agree that making meaningful life changes can be thought of as complex process. At the end of the day there are cases of magical results and there are also cases of pure hard won results resulting from discipline and perseverance. One size does not fit all. The cultivation for the conditions for results can be a strange and mysterious process.



The Mystery of Magical Results

Our much appreciated = Financial Frequency partner Nanette Saylor is a vision board expert. She is highly experienced in leading vision boarding sessions and has guided countless groups and individuals in the art of creating magic in the pursuit of the fulfillment of visionary results. Among the many things I respect about her approach to visioning is that she is a strong advocate of making it clear that everyone is advised to approach visioning free to envision their very own idea of what a visionary victory looks like. She makes it clear there is no such thing as one size fits all. Additionally, she supports everyone in being open to having even better than what they envision. Thus to consciously seek to avoid limiting the universe. She literally has everyone place on their vision board the statement

"This or something better, now manifest for me in totally satisfying and harmonious ways, for the good of all concerned."

I personally have had some profound magical vision board experiences. Perhaps my most gobsmacking story happened when I attended a vision board session on a very freezing cold day in January in Connecticut. I placed a picture of a lovely location in sunny Florida and 2 days later my sister called and proposed to buy me a condo in Florida!! That was 13 years ago and I have now been living in FL for 13 years!



To learn more or RSVP for our Victory & Visionary Challenge,, visit: Frequency432.us/VIBE432!



1099's Are Coming!

Are you ready?

The IRS reminds taxpayers earning income from selling goods and/or providing services that they may receive Form 1099-K, Payment Card and Third-Party Network Transactions, for payment card transactions and third-party payment network transactions of more than \$600 for the year.

Taxpayers must report all income on their tax return unless it is excluded by law, whether they receive a Form 1099-NEC, Nonemployee Compensation, Form 1099-K or any other information return.

For Business Owners:

If you pay business owners via electronic payment method, ie Paypal, Venmo and Cash App, the companies will automatically send the vendors a 1099-K.

***Please note, payments made via Zelle however will not automatically be sent a 1099-K as they are treated as bank transfers. You will need to prepare 1099-NEC's for these payments.

For Individuals:

The IRS also emphasizes that money received through third-party payment applications from friends and relatives as personal gifts or reimbursements for personal expenses is not taxable. If a Form 1099-K is incorrect and reflects income they didn't earn, they should call the issuer. The IRS cannot correct it

***PLEASE NOTE: If your Venmo, Paypal or Cash App accounts are in your personal name (even if they are connected with your business account).the vendors WILL NOT be issued a 1099 automatically so you will need to issue to them





Looking for a way to help those less fortunate?

Join us to Support a Family in Need this Holiday Season

This year we have a local family in need. There is a family that recently lost their mom with two children, a boy named Ashton that is 9 years old and his sister, Georgia is 8. If you feel inspired to help this family make their holiday special, please bring an unwrapped gift to our office located at 1760 N. Jog Rd, Ste 150, West Palm Beach, FL 33411. The gifts will be wrapped by local kids to teach them about how to help those less fortunate.

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Healing & Wellness

Frequency 432 Healing & Wellness is a community of like-minded light workers, holistic healers & metaphysical practitioners that come together in this space to educate and support one another with the common goal of elevating consciousness and healing those that cross our paths

If you would like to learn more, visit : <https://frequency432.us/> and enter your e-mail address.

Join our community on Facebook to stay connected.

[CLICK HERE!](#) to join us!



Our thoughts and prayers go out to the family and friends of the student at Jupiter High School that took their life yesterday jumping out of a 2nd story window.

The holiday season is to many, the "most wonderful time of the year", but for many it can be a time of loneliness and sadness.

Call for help!

988 is a new phone number that recently went live to help people get help in a mental health crisis. Similar to 911, this line is dedicated for anyone in need of mental health assistance of any kind. Its 988.

Suicide is the 2nd leading cause of death among those ages 10-24 and 25-34, In 2019, 18.8% of high school students seriously considered suicide and 8.9% actually attempted. Make sure the teens in your life know that help is a phone call away - they can call 988 anytime 24/7. To learn more about warning signs and learn about prevention, [CLICK HERE](#)

How do YOU define success?



Nanette Saylor

Success is a journey, not a destination. - Ben Sweetland, Inspirational Writer.

In years past, as I began to ponder my "year in review" successes and failures, I'd review my "big goals" and carefully mark where I was relative to where I thought I wanted to be, both in my life and business. Back then I'd focus on what I hadn't accomplished. And I'd feel defeated.

For the remaining part of the year I'd stay focused on the idea that I hadn't accomplished what I intended. Then I'd push really hard to make my big goals.

So, what do you think happened while I was focusing on not making my goals and pushing so hard?

I didn't make them! Over and over again.

Each new year, when I sat down to set new goals, I carried that feeling of defeat with me. Underneath every "big goal" and every affirmation was the unspoken feeling that I'd never make it!

What I know now is that until I had tools and practices in place to help me to let go of those self-defeating, self-sabotaging thoughts and feelings, (many of which were subconscious), I couldn't achieve the success I was so desperately pushing to claim. Until I learned how to raise my energetic vibration at will, I was going to be stuck in my old pattern of re-affirming my unworthiness, especially when I was exhausted from trying too hard.

Even more importantly, I have learned that the "big goals" I was trying to meet, the ones everyone else said were important, weren't things that truly mattered to me! I didn't want a "million dollar business" and a big house. What I wanted was the freedom that comes from not worrying about paying my bills and I wanted life to be simpler. I can create that feeling of freedom in many ways, only one of them is making more money. And for me, simplifying and downsizing felt so much more like success than keeping up with maintaining a big house! (Don't get me wrong, I love big beautiful homes, and love visiting my friends in theirs, I just don't want one for me. I'd rather be free to travel untethered to the obligations that come with owning a home like that.)

Do you feel the difference? The most important message here is that you get to choose. FOR YOU.

My vision is not YOUR vision. My dreams are not YOUR dreams. Only YOU can uncover what you truly desire to feel purposeful and accomplished in this life. (And yes, naysayers will try to talk you out of them--don't listen!)

This is why I am so passionate about sharing the practice of creative visualization with you and am honored to be a part of the Vibration 432 team. When you learn to manage your energy, to raise your vibration, and to channel your creative superpowers toward the things that you truly desire then magic happens! (And yes, we ALL - you - have creative superpowers, even if you don't know it yet.)

Please join us on this journey. We will guide you to learn how to add the VIBE 432 tools to your self-care toolkit so that you can define success on your terms and live your dreams today.

Back in 1955, Dr. Ben Sweetland, whose quote I used to open this story, wrote a book called "I Can! The Key to Life's Golden Secrets." I first used his quote in a blog article I wrote back in 2009. Back then I didn't know anything about the numerology that our beautiful Hattie Parker has shared about "Yes, I Can!" and the magic of its power. As I write this, I'm giggling a bit about the synchronicities of it all. Thinking about what I wanted to share today, I found that old article, and there it was.

"Yes, I Can!" energy has brought us together today to serve this higher purpose. I believe that because we are vibrating in alignment and following the energy, Hattie, Jill and I have ended up here, together, inviting you to shift your vibration, too.

Whether you think me talking about "energetic connections" is a bit too woo-woo or not, what I know for sure, is that when I started noticing how often I said "I can't" and began to replace it with "I can" that everything started to feel easier. I posted "You can do this." signs around my office to remind me. That simple shift changed me. (And in the spirit of full disclosure, I wasn't fully embracing the whole "energy" thing back then, either.) Most importantly, it meant that I wasn't always pushing anymore. I was no longer struggling to meet meaningless goals and get past that subconscious mind loop of "No, you can't". I could see that I simply felt better. Little did I know, my vibration was changing.

Then the magic started to happen. When I felt better about myself, I was able to get really clear about what I wanted, too. I was able to give myself permission to create my dreams, not someone else's. I created priority time to get quiet and listen to what my heart and soul wanted. I made creative practices a priority and spent countless hours learning everything I could about using my active imagination to create the version of the world I wanted to live in through creative visualization. Most importantly, I committed to activating my vision every single day by my intentions and my actions.

Now, when I lay my head on my pillow at night, I go to sleep knowing that I have achieved success by simply living as I am, knowing "Yes, I Can" create anything I dream, and I am exactly where I am intended to be.

I hope you will head this call to join us for the upcoming Visionary Victory 22 Day Challenge. There is magic waiting to be called into your life, too.

Sending many, many blessings your way.