

Financial Frequency

WHAT'S YOUR FINANCIAL FREQUENCY?

Happy Frequency Friday!



Did you Purchase a new home last year?

March 1st is the deadline to file for Homestead Exemption for your 2023 property taxes!

The Homestead Exemption reduces your property's assessed value of your primary residence by \$50,000 if you owned your property on January 1st of the tax year. In addition, the homestead exemption qualifies you for the 3% Save Our Homes Cap so your property's assessed value cannot increase by more than 3% per year, regardless of the market conditions.

So don't delay! File online today! <https://secure.co.palm-beach.fl.us/papaefile/web/heapplication/login.aspx>

- March 1st: Homestead Deadline (see above)
- March 15th: Business Tax Returns Due for Partnerships & S-Corporations
- April 1st: Tangible Personal Property Returns Due
- April 18th: Personal & C Corporation Returns Due



Tips for Tax Season Success!

It's hard to believe but this is our 14th Tax Season! We feel very blessed to have grown to over 1,500 clients!

Here is a list of tips to help keep our team to be efficient & organized this year to help. make your tax experience as pain free as possible!

- Please refrain from e-mailing your tax documents to Jill...Please e-mail our new lovely employee, Omie at Ovelez@d-acpa.com
- Don't want to e-mail? We can send a link to a secure portal to upload your documents! E-mail Shyann@shuggins@d-acpa.com and she will send you a link
- Text Us! We have a **NEW TEXT # 561-473-4210**
- Have a tax question? Want to check your return status? Text Us!

We kindly ask that if you call us, please give us 24 hours to reply. Multiple calls, e-mails, etc. bottleneck our processes and slows response time.

We are grateful for your confidence, trust & support in our firm and look forward to serving you soon!

New Moon In Pisces

Sunday February 19th

FROM SPIRIT DAUGHTER
WORKBOOK
~JILL WINTERSTEEN
IG:@SPIRITDAUGHTER



WHEN IT COMES TO PISCES, THIS ENERGY REPRESENTS THE FINAL STAGE OF THE ENTIRE ASTROLOGICAL JOURNEY. THIS VIBRATION HOLDS SPACE FOR US TO INTEGRATE AND PROCESS EVERYTHING WE HAVE LEARNED FROM THE PREVIOUS ELEVEN SUN SEASONS. AS THE FINAL SEASON BEFORE THE ASTROLOGICAL NEW YEAR, THIS TIME IS THE OPPORTUNITY TO SLOW DOWN, REFLECT ON YOUR JOURNEY, AND APPRECIATE THE EVOLVING NATURE OF OUR ENERGY. PISCES ENCOURAGES US TO SIMPLY BE AND OBSERVE WHO WE ARE TODAY AND THE PROCESS THAT BROUGHT US HERE.

TIPS FOR GOING WITH THE FLOW FOR PISCES SEASON:

- **BECOME THE OBSERVER:** OBSERVE YOUR THOUGHTS AND EMOTIONS. BRING AWARENESS TO THEM WITH LOVE AND COMPASSION. THIS ALLOWS YOU TO GAIN POWER TO CHOOSE HOW YOU WANT TO REACT.
- **DO NOTHING:** BECOME THE OBSERVER TO GIVE YOURSELF TIME EACH DAY TO SIMPLY SIT WITH YOURSELF.
- **WRITE YOUR THOUGHTS:** JOURNAL ANYTHING THAT COMES TO MIND FOR 5 MINUTES.
- **REVIEW THE PAST:** ON A DAY WHEN YOU FEEL CLEAR AND CALM, SIT DOWN AND REFLECT ON A TIME IN THE PAST WHEN YOU WERE TRIGGERED. WRITE ABOUT THIS REACTION AND LEARN FROM IT.
- **REVIEW THE DAY:** REVIEW AND JOURNAL ABOUT YOUR DAY AND WHAT YOU HAVE LEARNED.
- **PAY ATTENTION:** PAY ATTENTION TO YOUR TRIGGERS, YOUR EMOTIONAL STATE AND YOUR SUBTLE CHANGES IN MOOD.
- **FORGIVE YOURSELF:** AS THE OBSERVER REVIEWING YOUR PAST, FORGIVE YOURSELF FOR THE THINGS YOU SAID OR DID, HAVE COMPASSION FOR THE PROCESS.
- **STAY PRESENT:** MEDITATE, BECOME AWARE OF YOUR BODY AND SENSATIONS YOU ARE MOVING THRU. AWARENESS IS THE FOUNDATION OF BEING THE OBSERVER.

PISCES SEASON IS A TIME TO LIVE IN MOMENTS THAT EXIST BEFORE YOU REACT TO SOMETHING AND, INSTEAD OF DOING, OBSERVE WHAT IS OCCURRING. AS YOU OBSERVE YOURSELF, THE ENERGY AROUND YOU, AND THE SITUATION IN FRONT OF YOU, YOU DROP INTO PURE PRESENCE AWARENESS. BY BEING THE OBSERVER OF YOUR WORLD AND NOT THE PERSON WHO REACTS FROM AUTOMATIC HABIT, YOU CAN RESPOND TO THE REALITY OF YOUR PRESENCE INSTEAD OF ACTING FROM PAST LOGIC.

THIS SEASON ALLOWS US TO LOOK AT WHY WE REACT IN CERTAIN WAYS, EVEN IF THESE REACTIONS DO NOT SERVE OUR HIGHEST GOOD. WHEN WE STEP BACK FROM OUR REACTIONS AND OBSERVE THEM, WE PROVIDE A SPACE FOR HEALING. PISCES IS THE SIGN OF THE HEALER, AND THIS SEASON CAN HELP US HEAL SOME OF OUR DEEPEST WOUNDS.

Cosmic Crypto Mojo

WITH ASTROLOGER & NUMBEROLOGIST HATTIE PARKER, MS,ED
A CRYPTO PRIMER: EARTHBOUND AND CELESTIAL NEWS AND VIEWS

40* Days: Let Go and Grow And the Fine Art of Making an Intention a Reality

Announcing a Vibration 432, Inc. program to be offered
March 7 (the upcoming Full Moon) through April 17 (the end of tax season)

*40 is Auspicious
#4 Wishes Coming True & #0 Blessings
40 is a number that relates to an exceptional capacity to be patient

An Ancient 40 Days of Letting Go Tradition, Still Practiced Today

In our modern twentieth first century life, even despite recent supply chain issues, we are blessed to go to the grocery store to find an abundance of fruits and vegetables year around. In ancient times at the end of winter) agrarian communities in cold climates were typically faced with having to make the best of a dwindling level of food and produce.

People in ancient times counted on nature for their survival. They lived much closer to nature than we do today and are known to have been significantly guided by star and moon gazing. Perhaps it was their attunement to natural cycles that influenced them to adopt the practice of observing lent at this time of year. In Christian tradition then and also now forty days towards the end of winter, is a time of fasting and/or giving up certain chosen pleasures. In Catholic tradition Lent is observed as reminder of the 40 days Jesus spent the wilderness, in preparation to begin his ministry. This yearly observation may have taken hold such that it has lasted for thousands of years because food was limited and turning to faith helped people to sustain themselves. The practice had real value and thus it has lasted even though times and food supplies have changed.

We are on the crest of an exciting time of change. We are two weeks in advance of the next Full Moon and one month before the Spring Equinox which is the beginning of the astrological year. This article is designed to encourage you to use the coming week to become aware of something you want to change and to also set an intention to make this change. Next week we will introduce and invite you to join our exciting new Vibration 432, Inc. program 40 Days: Let Go and Grow.

This Coming Week: A Time for Becoming Aware of Thoughts and/or Behaviors that Do Not
Serve Your Well-Being

"Happiness is the highest form of health." The Dali Lama



Cosmic Crypto Mojo

COSMIC CALENDAR INSPIRED GUIDANCE AND A LETTING GO RECORD KEEPING TOOL

MONDAY, FEBRUARY 20: NEW MOON IN PISCES

If you are a person who finds value from being introspective, you most likely know that awareness is the first step of meaningful change. Thus, you may want to pay special attention to taking advantage of tuning into the Pisces, water sign, new moon. The element of water relates to emotion, and the moon our deepest feelings. The early days of this coming week are an ideal time to become aware of hidden (new moons are dark) emotional issues that may be holding you back from being optimally happy and healthy.

FEBRUARY 21: FAT TUESDAY

This is traditionally a day to celebrate any and all good fortune. Use it to be grateful for the blessings in your life and 2023. Additionally, you may want to take stock of what you can let go of to promote greater well-being Body, Mind and Spirit.

FEBRUARY 22: ASH WEDNESDAY LENT OFFICIALLY BEGINS

The number 40 is auspicious. In numerology It is made up of #4 that relates to wishes coming true and #0 which relates to blessings. In biology most pregnancies are 40 weeks long thus strongly associated with new beginnings. In my work counseling people using metaphysical wisdom I have discovered that people who have a Life Path number of 40 are capable of displaying great patience, an attribute that serves them and others.

Whether or not you are Catholic honoring tradition and recognizing this as a good time to affirm an intention to let go of a habit fueled by emotion can be advantageous. Examples of "things" you might choose to let go of include (but are not limited to):

- emotional eating,
- a thought process that does not serve you (i.e., I'm not good enough)
- ill will towards yourself or others (i.e., an ongoing resentment of a friend who snubbed you)
- procrastination to accomplish a needed task.

Between the Pisces New Moon and the beginning of a long held recognition of the power of the number 40 this is the excellent time for deciding if you are ready to make a 40 day commitment to positive change in your life.

Stay Tuned: We will be ready to invite you learn about and sign up for our 40 Day: Let Go and Grow program in next week's newsletter.

